



## An Apple a Day: Which Bacteria Do We Eat With Organic and Conventional Apples?

Investigating the **apple fruit microbiota** resulted in profound differences between the tissues, applicable for microbiota diversity, composition and abundance. A significant management effect on the microbiota was furthermore apparent for all tissues, even for seeds. Organic and conventional apples are occupied by a similar quantity of microbiota; consuming the whole apple includes an approximate uptake of 100 million bacterial gene copy numbers. However, freshly harvested, organically managed apples harbor a significantly more diverse, more even and distinct microbiota, compared to conventional ones; the abundance of almost 40% of bacterial genera and orders differed significantly between organically and conventionally managed apples. Moreover, organic apples conceivably feature favorable health effects for the consumer, the host plant and the environment in contrast to conventional apples, which were found to harbor potential food-borne pathogens.



Swiss Gourmet  
Arlet

Wassermann et al. (2019) An Apple a Day: Which Bacteria Do We Eat With Organic and Conventional Apples? Frontiers in Microbiology. Volume 10 | Article 1629.

- 🍏 What do you like about the article?
- 🍏 It there anything you dislike about the article?
- 🍏 What are the main findings according to the authors?
- 🍏 Do you understand the sampling design?
- 🍏 Would you be able to reproduce the data analysis?
- 🍏 Where can you find the raw data?
- 🍏 Do you agree with the statistical tests applied?
- 🍏 Do you agree with the conclusions?
- 🍏 Do you understand figures and tables?
- 🍏 ! or ?

## An Apple a Day: Which Bacteria Do We Eat With Organic and Conventional Apples?

Investigating the apple fruit microbiota resulted in profound differences between the tissues, applicable for microbiota diversity, composition and abundance. A significant management effect on the microbiota was furthermore apparent for all tissues, even for seeds. Organic and conventional apples are occupied by a similar quantity of microbiota; consuming the whole apple includes an approximate uptake of 100 million bacterial gene copy numbers. However, freshly harvested, organically managed apples harbor a significantly more diverse, more even and distinct microbiota, compared to conventional ones; the abundance of almost 40% of bacterial genera and orders differed significantly between organically and conventionally managed apples. Moreover, organic apples conceivably feature favorable health effects for the consumer, the host plant and the environment in contrast to conventional apples, which were found to harbor potential food-borne pathogens.



Wassermann et al. (2019) An Apple a Day: Which Bacteria Do We Eat With Organic and Conventional Apples? Frontiers in Microbiology. Volume 10 | Article 1629.

An apple carries about 100 million bacteria.  
Good luck washing them off.

According to the study, which was published this month in the journal *Frontiers of Microbiology*, a single apple contains about **100 million bacterial cells** — **but if you toss out the core, you're only consuming about 10 million of these precious cells.**

If you've been eating an apple a day to keep the doctor away but haven't been consuming the **core**, you are likely missing out on some of the **most beneficially nutritious parts of the apple.**

**Escherichia-Shigella** – a group of bacteria that includes known pathogens – was found in most of the conventional apple samples, but none from organic apples.

## What do you like about the article?

- 👍 biological replicates (n=4)
- 👍 quantification with qPCR
- 👍 simple design, clear question
- 👍 some nice and appealing figures
- 👍 conclusion are clearly formulated

Abstract  
(off to a bad start)

Apples are among the most consumed fruits world-wide. They represent a source of direct human exposure to bacterial communities, which is less studied. We analyzed the apple microbiome to detect differences between tissues and the impact of organic and conventional management by a combined approach of 16S rRNA gene amplicon analysis and qPCR, and visualization using fluorescence in situ hybridization and confocal laser scanning microscopy (FISH-CLSM). Each apple fruit harbors different tissues (stem, peel, fruit pulp, seeds, and calyx), which were colonized by distinct bacterial communities. Interestingly, fruit pulp and seeds were bacterial hot spots, while the peel was less colonized. In all, **approximately  $10^8$  16S rRNA bacterial gene copy numbers were determined in each g apple.** Abundances were not influenced by the management practice but we found a strong reduction in bacterial diversity and evenness in conventionally managed apples. In addition, despite the similar structure in general dominated by Proteobacteria (80%), Bacteroidetes (9%), Actinobacteria (5%), and Firmicutes (3%), significant shifts of almost 40% of bacterial genera and orders were monitored. Among them, especially bacterial signatures known for health-affecting potential were found to be enhanced in conventionally managed apples. **Our results suggest that we consume about 100 million bacterial cells with one apple.** Although this amount was the same, the bacterial composition was significantly different in conventionally and organically produced apples.



In all, approximately  $10^8$  16S rRNA bacterial gene copy numbers were determined in each g apple.

$$190g \rightarrow \frac{190 \times 10^8}{4} = 4,750,000,000 \text{ bacteria/apple}$$

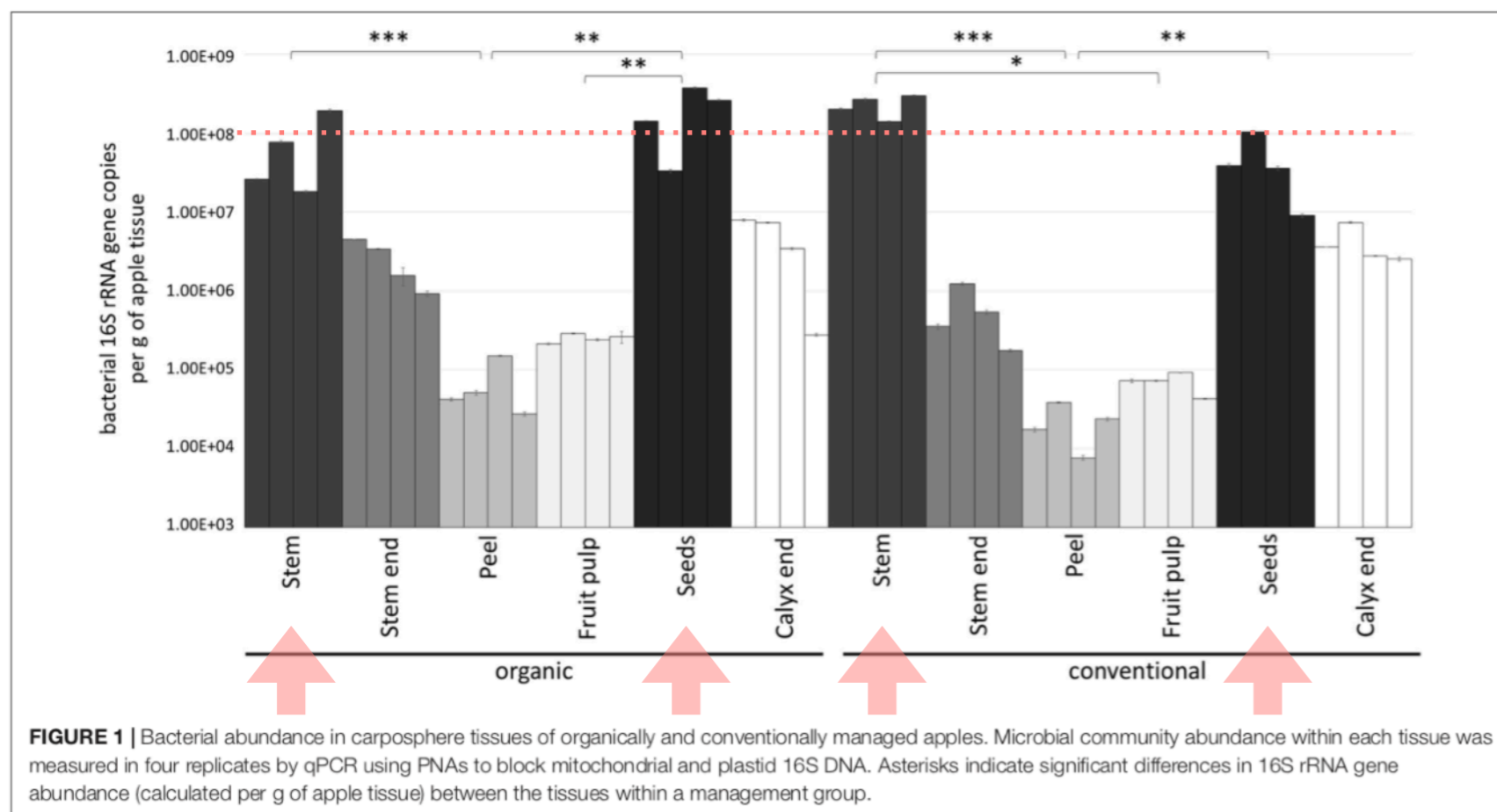
Our results suggest that we consume about 100 million bacterial cells with one apple.

100,000,000 bacteria/apple



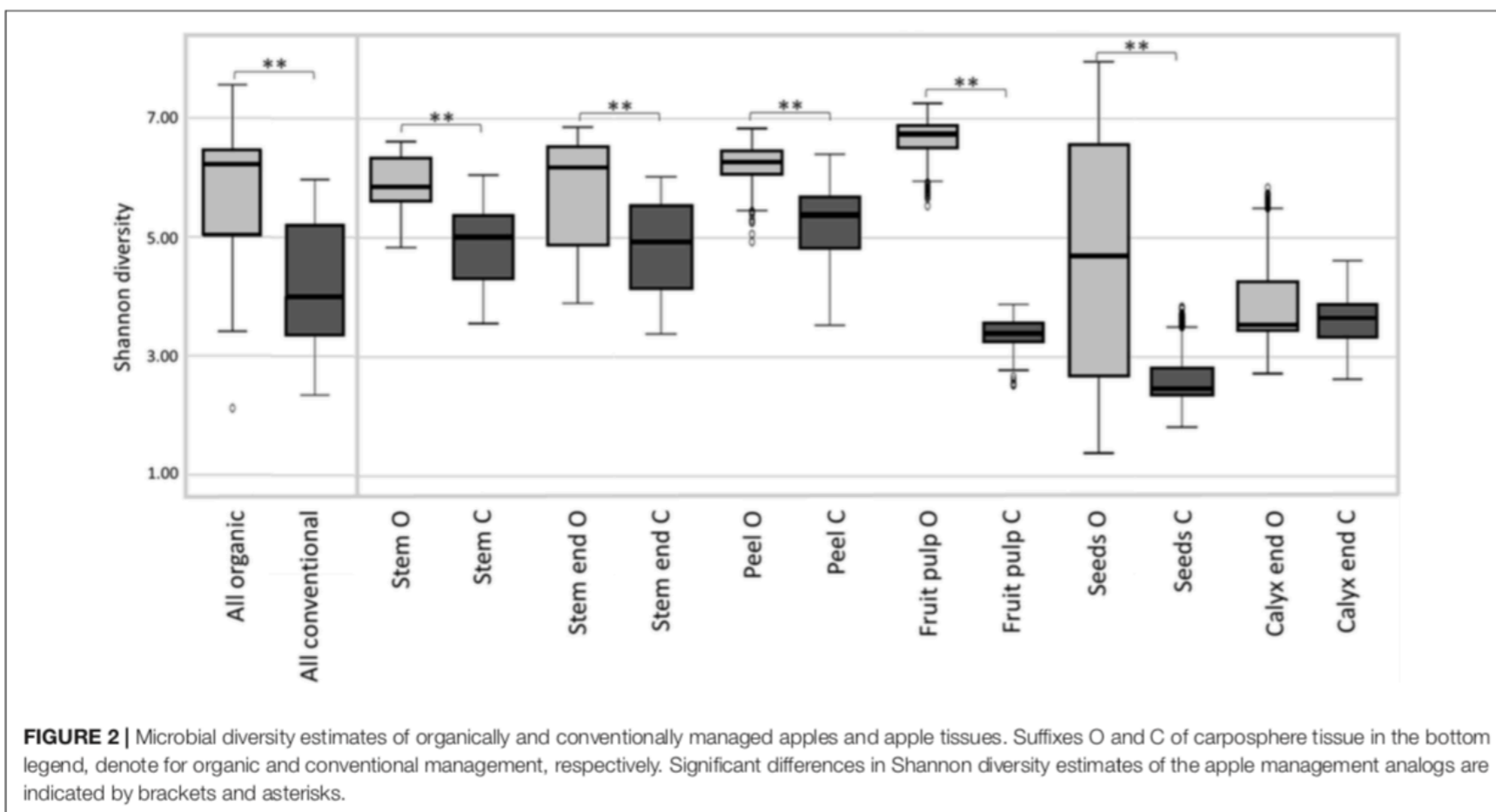
# The Figures (and it gets worse)

Fig.1 - Bacterial Abundance



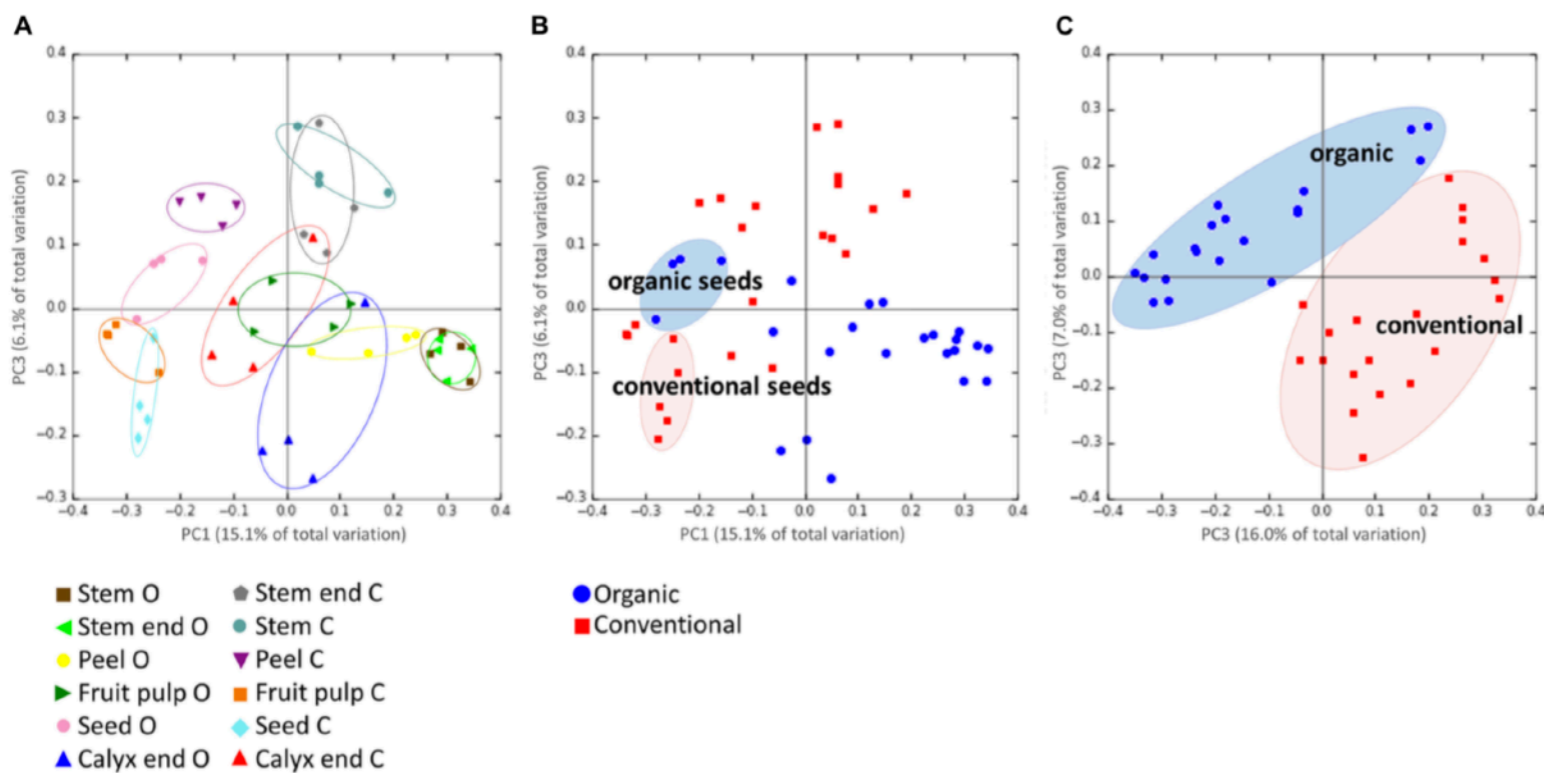
- What primer pair was used for the qPCR?
- Did the PNAs block or reduce coamplification?
- The indicated significant differences between tissue seem arbitrary.
- Why would there be bacteria in the seeds?

Fig. 2 - Alpha diversity



- Combined boxplot? The tissue samples are not independent!
- Why are there outliers?

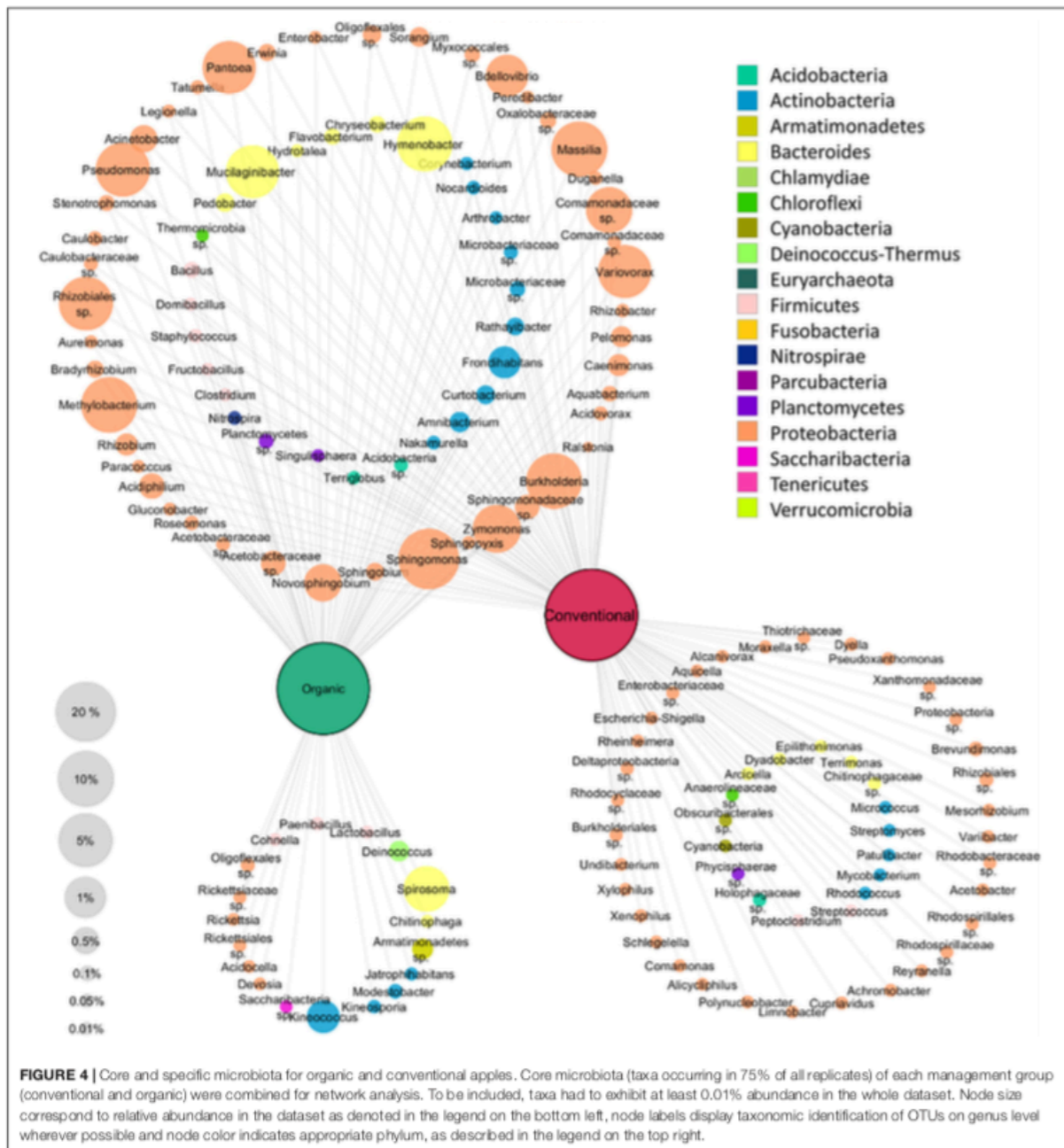
Fig. 3 - PCoA plots



- Where are the clusters
- Why PC1 & PC3?
- Typos in the figure?

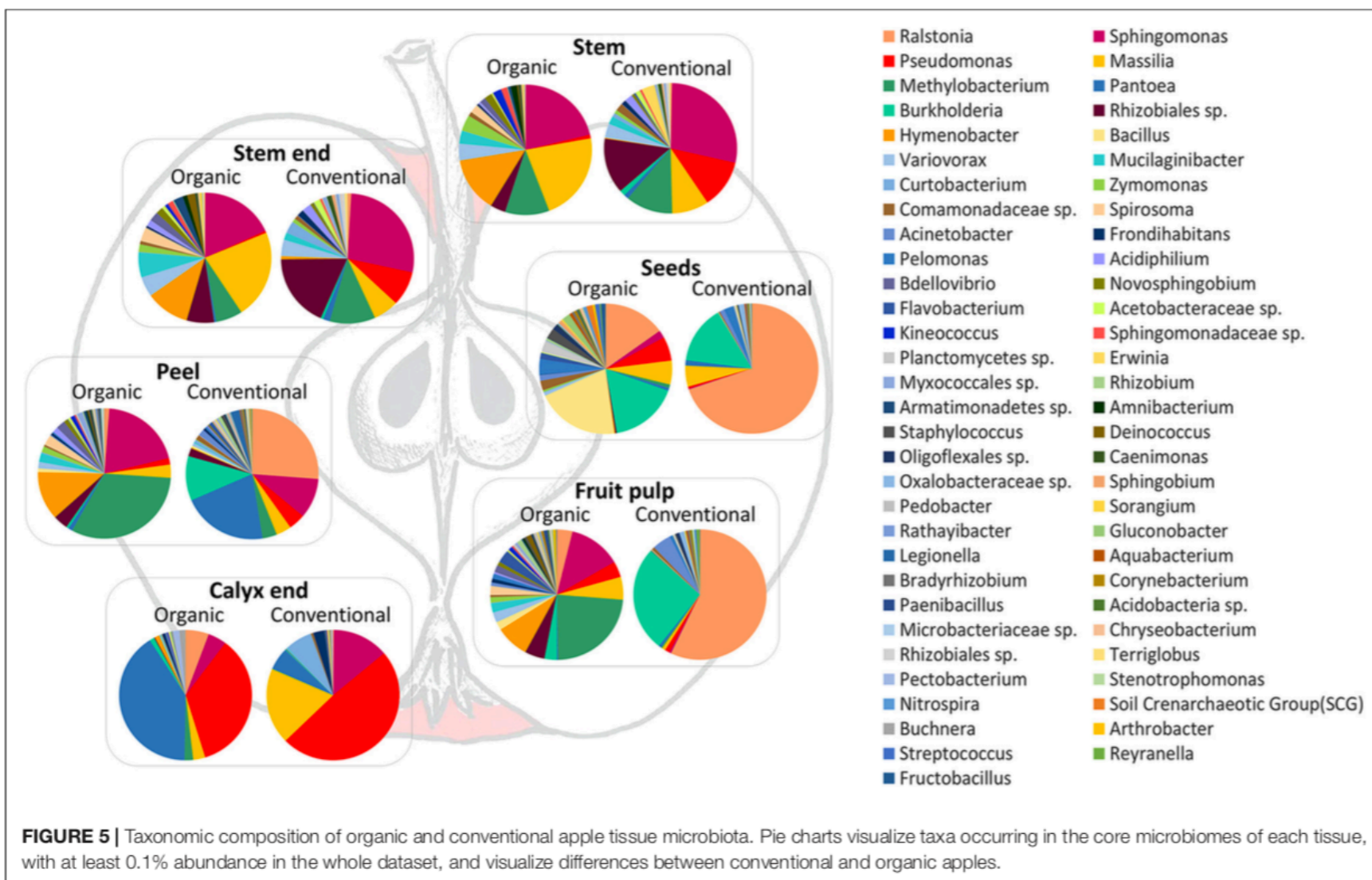
**FIGURE 3** | Beta-diversity analysis on microbiota composition dependencies. Panel (A) shows the microbiota composition grouped by the tissue of the respective management group, where O and C in the bottom legend denote for organically and conventionally managed apples, respectively. Panel (B) visualizes composition of all tissue replicates, colored by organic (blue circles) and conventional (red squares); seeds of organically and conventionally managed apples are highlighted. In Panel (C), same dataset is shown but seed samples of both management groups were excluded. PCoA plots are based on unweighted UniFrac distance matrix.

Fig. 4 - Taxonomic network



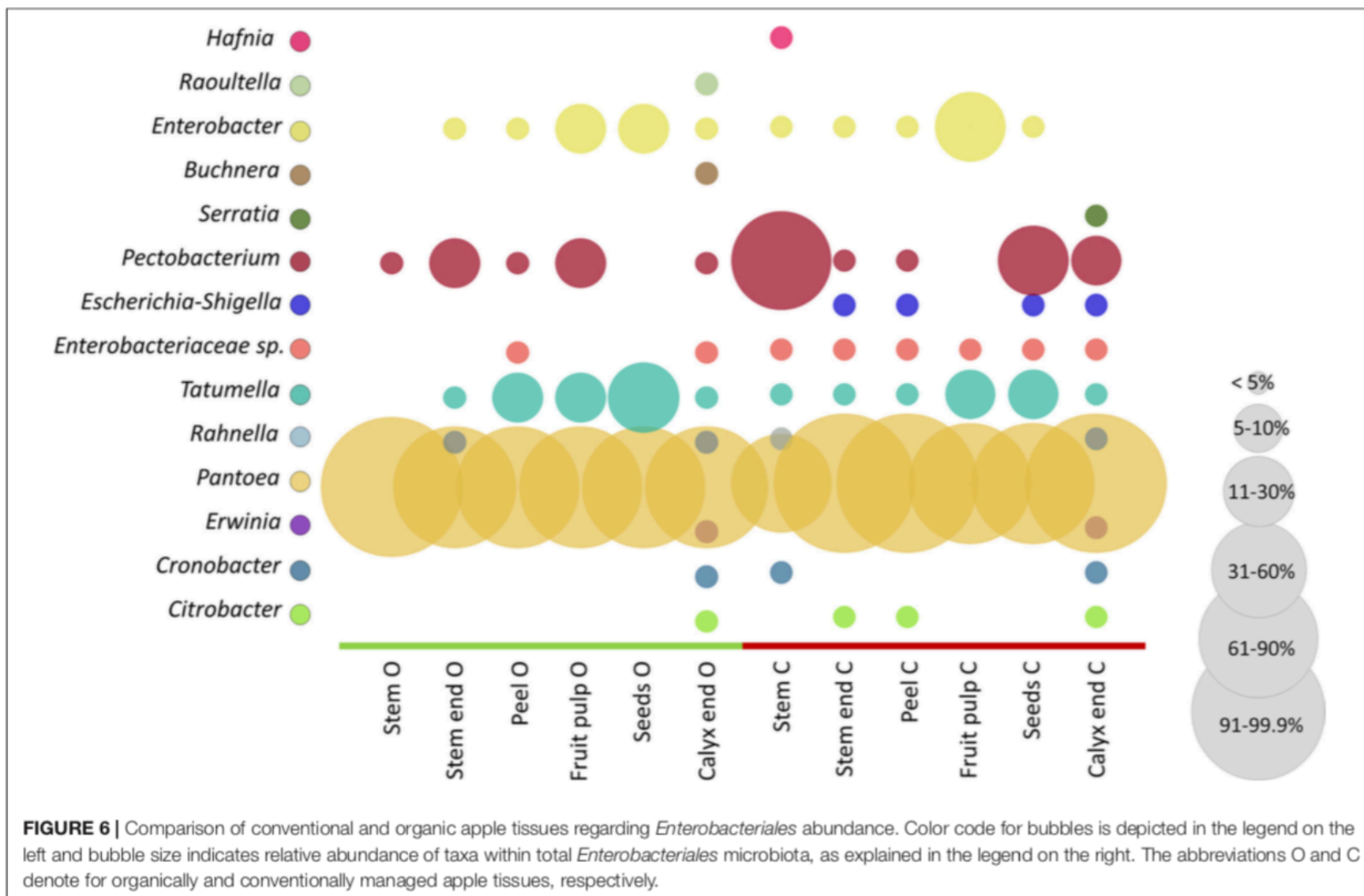
- Where is the network?
- Why are we looking at pooled samples?

Fig. 5 - Taxonomic composition



- Pie charts with pooled replicates?

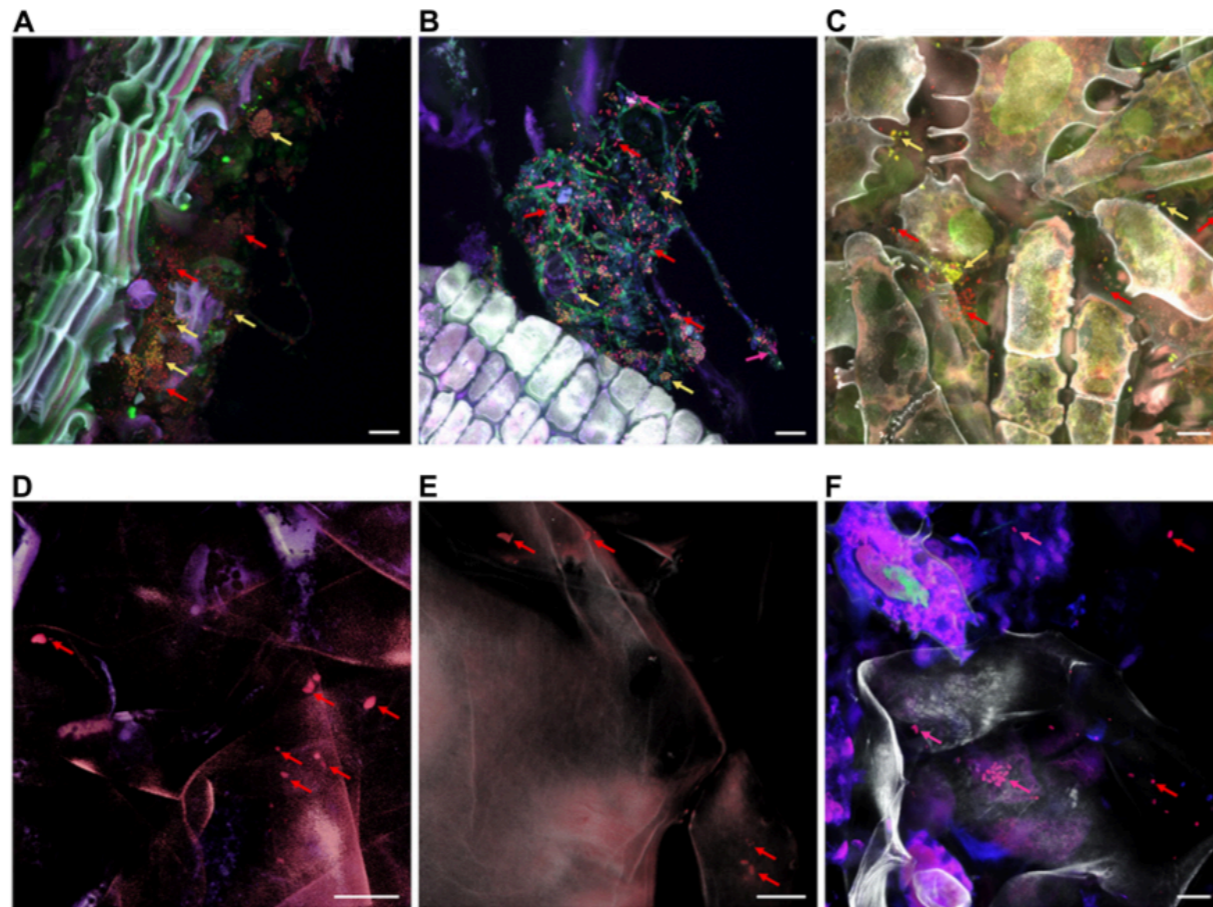
Fig. 6 - Relative abundance for the order Enterobacteriales



- This is difficult to read?
- Where are the differences?



## Fig. 7 - Bacterial Colonization



- What should I see here?

**FIGURE 7** | FISH-CLSM micrographs showing bacterial colonization of organic apple tissues. Panels (A-F) visualize stem, stem end, peel, fruit pulp, seeds and calyx end samples, respectively. Bacteria were stained with FISH probes specific for *Gammaproteobacteria* (fluorescing pink and indicated by pink arrows), *Firmicutes* (yellow) and remaining bacteria of other classes (red); host structures are fluorescing white. Bar on the bottom right of each panel denotes for 10  $\mu\text{m}$ .

Sample Design

Sample Preparation

## Organic versus Conventional ?

Organically managed apples originated from an organic orchard, which follows the international “demeter” guidelines for organic farming, using sterile gloves and instruments. Conventional apples originated from a conventional orchard in Styria. In contrast to the organically produced apples, they underwent the following post-harvest treatments: directly after harvest, apples were short-term stored under controlled atmosphere (1–2°C, 1.5–2% CO<sub>2</sub>), washed and wrapped in polythene sheets for sale. Both apple management groups (“organic” and “conventional”) were transported to laboratory immediately and processed under sterile conditions.

## Freshly Picked versus Supermarket

## An Apple a Day: Which Bacteria Do We Eat With **Organic** and **Conventional** Apples?

Organic

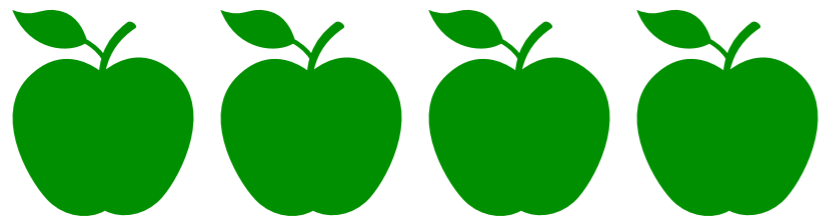


Non-Organic

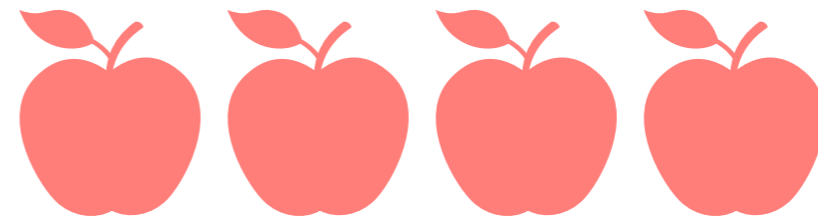
Are you kidding me?

## Material and Methods

**Four apples**, weighing  $190 \pm 5$  g, were selected from each of the **two management groups** and each apple was divided into **six tissues** with the following weights: stem: 0.2 g, stem end: 2 g, peel: 9 g, fruit pulp: 12 g, seeds: 0.2 g, and calyx end: 3 g. Thus, each tissue was represented by four replicates, where each replicate consists of the respective tissue of one apple.

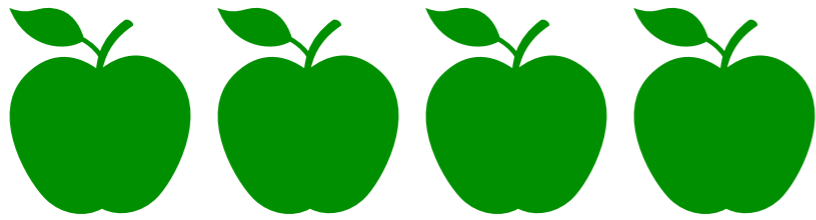


stem  
stem end  
peel  
fruit pulp  
seeds  
calyx

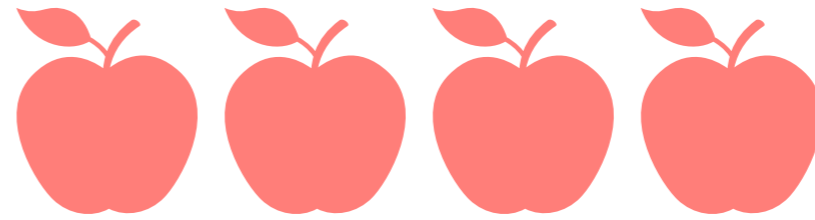


stem  
stem end  
peel  
fruit pulp  
seeds  
calyx

6 tissue × 2 treatments × 4 replicates = 48 samples



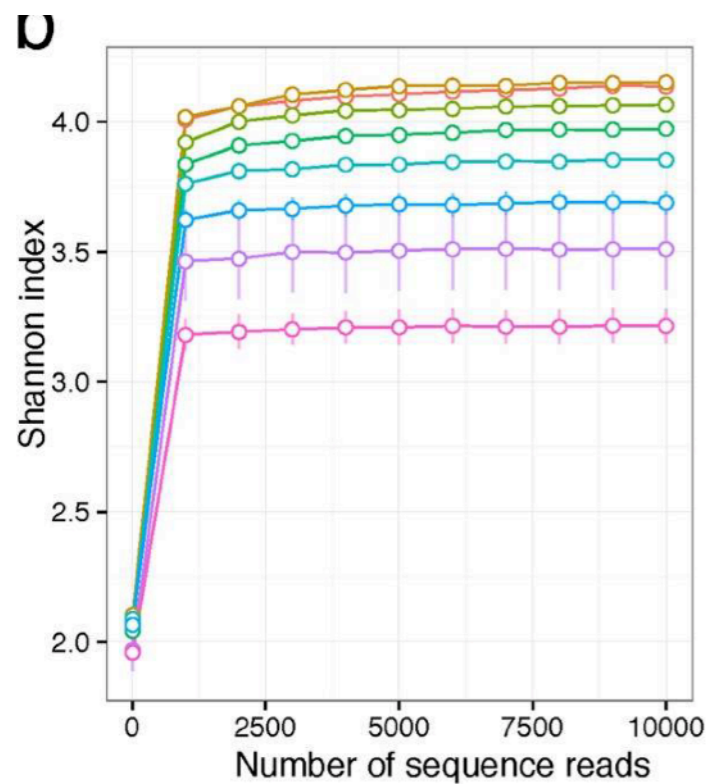
stem (0.2g)  
stem end (2g)  
peel (9g)  
**fruit pulp (12g)**  
seeds (0.2g)  
calyx (3g)



stem (0.2g)  
stem end (2g)  
peel (9g)  
**fruit pulp (12g)**  
seeds (0.2g)  
calyx (3g)

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Multinu et al. (2018). Systematic Bias Introduced by Genomic DNA Template Dilution in 16S rRNA Gene-Targeted Microbiota Profiling in Human Stool Homogenates. *mSphere*, 3(2).



stem end  
peel  
fruit pulp  
calyx

+4ml NaCl  
blender

contaminants

2ml

Negative Controls?

stem  
seeds

+?ml ?NaCl  
mortar

2ml

contaminants

# Correction for Unequal Sequencing Depth

## Results

After removing chimeric, mitochondrial and chloroplast sequences, the overall bacterial community of all apple samples, assessed by 16S rRNA gene amplicon sequencing, contained **6,711,159 sequences** that were assigned to 92,365 operational taxonomic units (OTUs).

**Expected** number of sequences (counts) per sample

$$\frac{6'711'159 \text{ counts}}{48 \text{ samples}} = 139'815 \text{ counts/sample}$$

## Material and Methods

OTU tables were rarefied to **1,525** sequences per sample, according to the sample with lowest amount of sequences. Rarefied OTU tables served as input matrix for upcoming alpha and beta diversity analyses and according statistics were calculated in QIIME. Beta diversity, based on unweighted UniFrac distance matrix, was visualized by Principle Coordinates Analysis (PCoA) and statistical significance was calculated by Analysis of Similarity (ANOSIM).

Used number of sequences

$$1'525 \times 48 = 73'200 \rightarrow \frac{100}{6'711'159} * 73'200 = 1.09(\%)$$

Well done !

You successfully removed 99% of the data.


Raw Data

## Microbial DNA Extraction and Amplicon Library Construction

For culture-independent **Illumina MiSeq v2 (250 bp paired end)** amplicon sequencing, the primers 515f – 806r (Caporaso et al., 2010) were used to amplify the 16S rRNA gene using three technical replicates per sample.

### DATA AVAILABILITY

The raw sequence files supporting the findings of this manuscript are available from the European Nucleotide Archive (**ENA**) at the study Accession Number: **PRJEB32455**.



PRJEB32455 Search

Examples: histone, BN000065

Enter accession View

Examples: Taxon:9606, BN000065, PRJEB402

Home | Submit | Search | Rulespace | About | Support

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## Text Search

Uses [EBI Search](#) to perform a free text search across ENA data. For more detailed usage please refer to the [help & documentation section](#).

Search term:  Search

### Search results for PRJEB32455

<ul style="list-style-type: none"> <li>• <b>Read</b> <ul style="list-style-type: none"> <li>• <a href="#">Experiment</a> (48)</li> <li>• <a href="#">Run</a> (48)</li> </ul> </li> <li>• <b>Study</b> <ul style="list-style-type: none"> <li>• <a href="#">Study</a> (1)</li> <li>• <a href="#">Study (Sequence)</a> (1)</li> </ul> </li> </ul>	<div style="background-color: #e6e6fa; padding: 5px; margin-bottom: 5px;"> <p><b>Experiment</b> <a href="#">View all 48 results.</a></p> <p><a href="#">ERX3372260</a>      Illumina MiSeq sequencing</p> </div> <div style="background-color: #e6e6fa; padding: 5px; margin-bottom: 5px;"> <p><b>Run</b> <a href="#">View all 48 results.</a></p> <p><a href="#">ERR3347719</a>      Illumina HiSeq 1000 sequencing</p> </div> <div style="background-color: #e6e6fa; padding: 5px; margin-bottom: 5px;"> <p><b>Study</b></p> <p><a href="#">ERP115147</a>      Investigating the apple microbiome and the impacts of organic and conventional management practices</p> </div> <div style="background-color: #e6e6fa; padding: 5px;"> <p><b>Study (Sequence)</b></p> <p><a href="#">PRJEB32455</a>      Investigating the apple microbiome and the impacts of organic and conventional management practices</p> </div>
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**ERX3372263: Illumina MiSeq sequencing**

1 ILLUMINA (Illumina MiSeq) run: 158,404 spots, 45.9M bases, 15.8Mb downloads

**Submitted by:** Graz University of Technical

**Study:** Investigating the apple microbiome and the impacts of organic and conventional management practices

[PRJEB32455](#) • [ERP115147](#) • [All experiments](#) • [All runs](#)

[show Abstract](#)

**Sample:** Calyx end Organic 4

[SAMEA5670130](#) • [ERS3474137](#) • [All experiments](#) • [All runs](#)

*Organism:* [plant metagenome](#)

**Library:**

*Name:* unspecified

*Instrument:* Illumina MiSeq

*Strategy:* AMPLICON

*Source:* GENOMIC

*Selection:* PCR

*Layout:* SINGLE



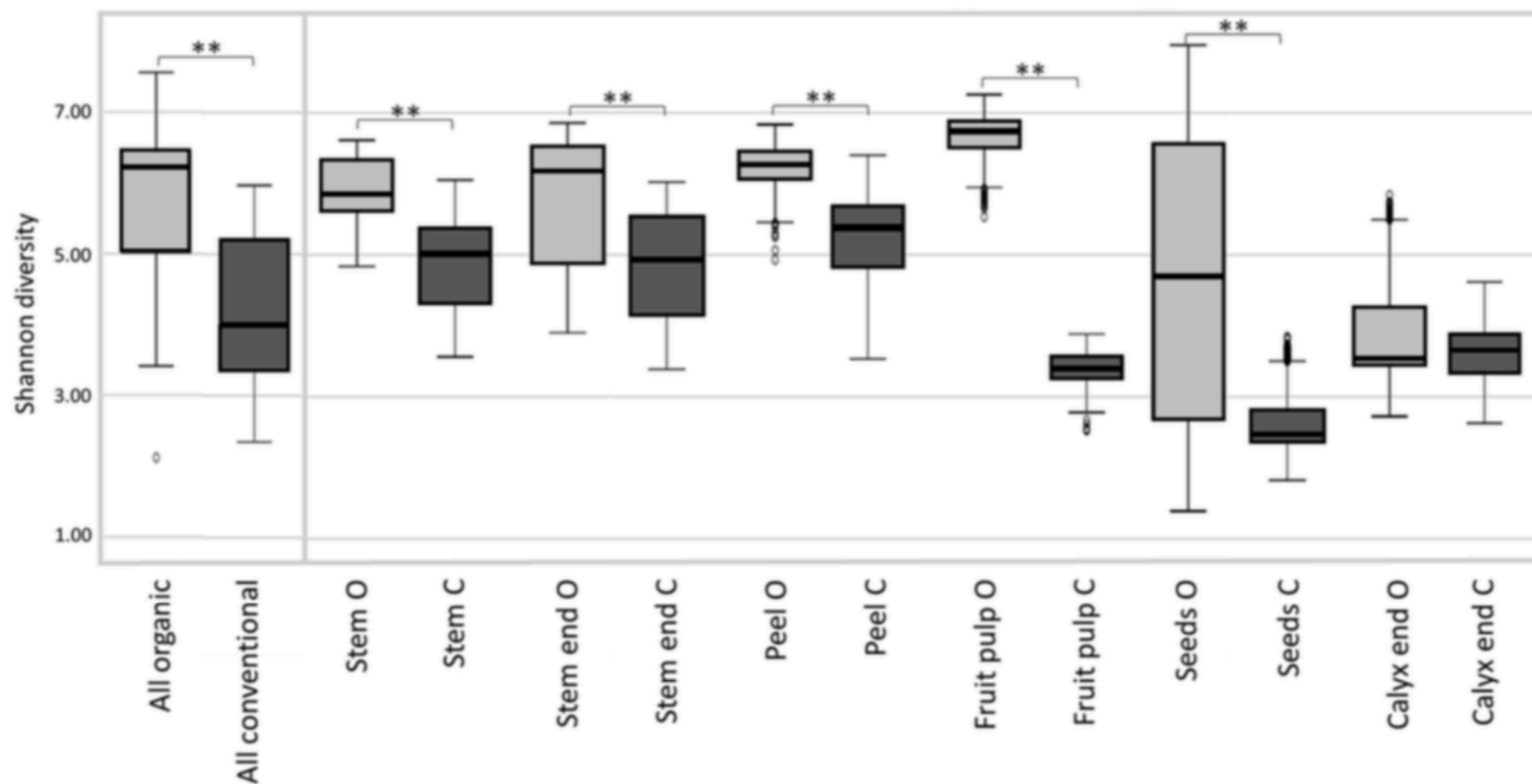
**Runs:** 1 run, 158,404 spots, 45.9M bases, [15.8Mb](#)

Run	# of Spots	# of Bases	Size	Published
<a href="#">ERR3347689</a>	158,404	45.9M	15.8Mb	2019-08-19

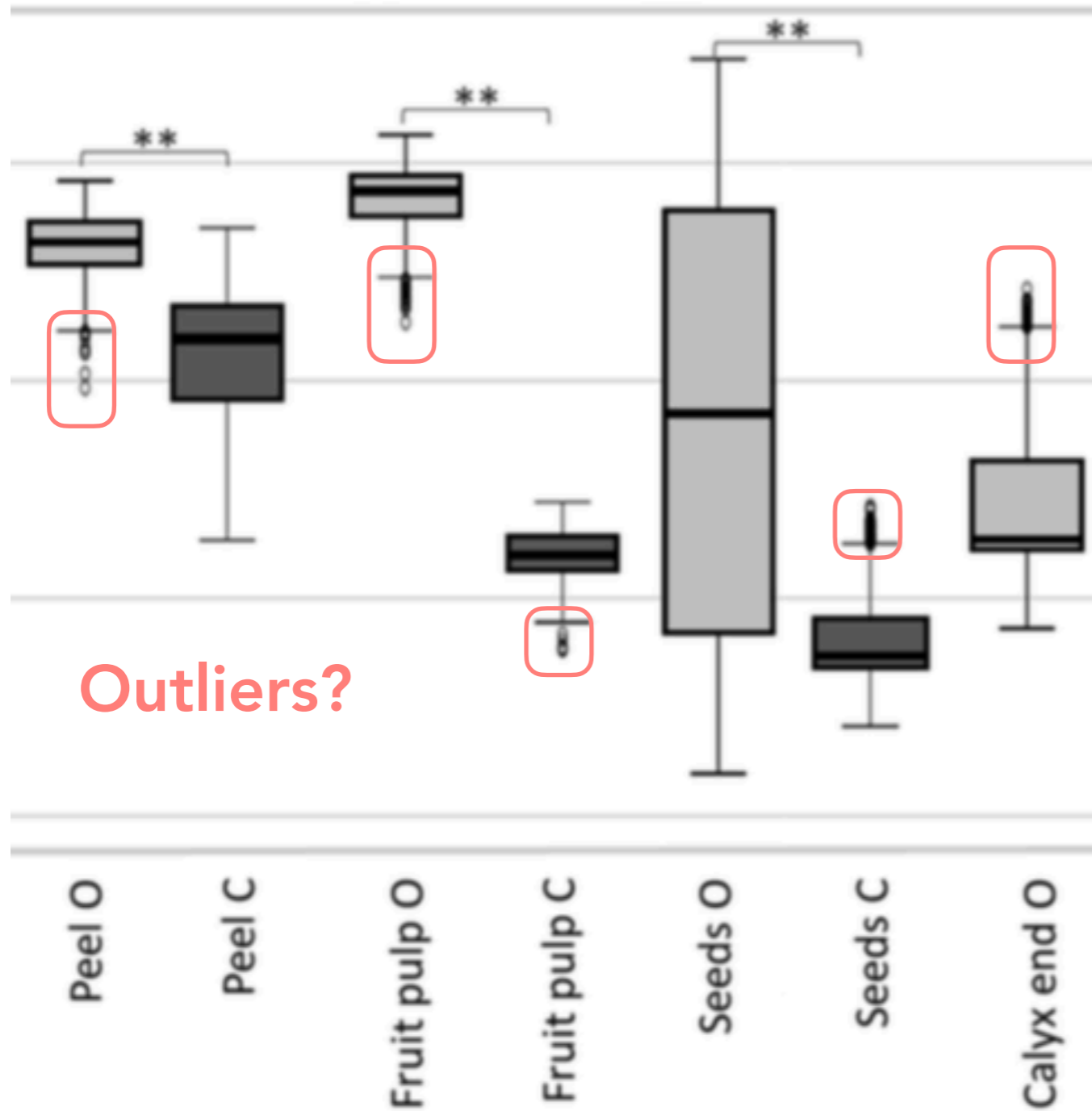
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# Boxplots

## Quantitative Records of Diversity Estimates of Apple Microbiota

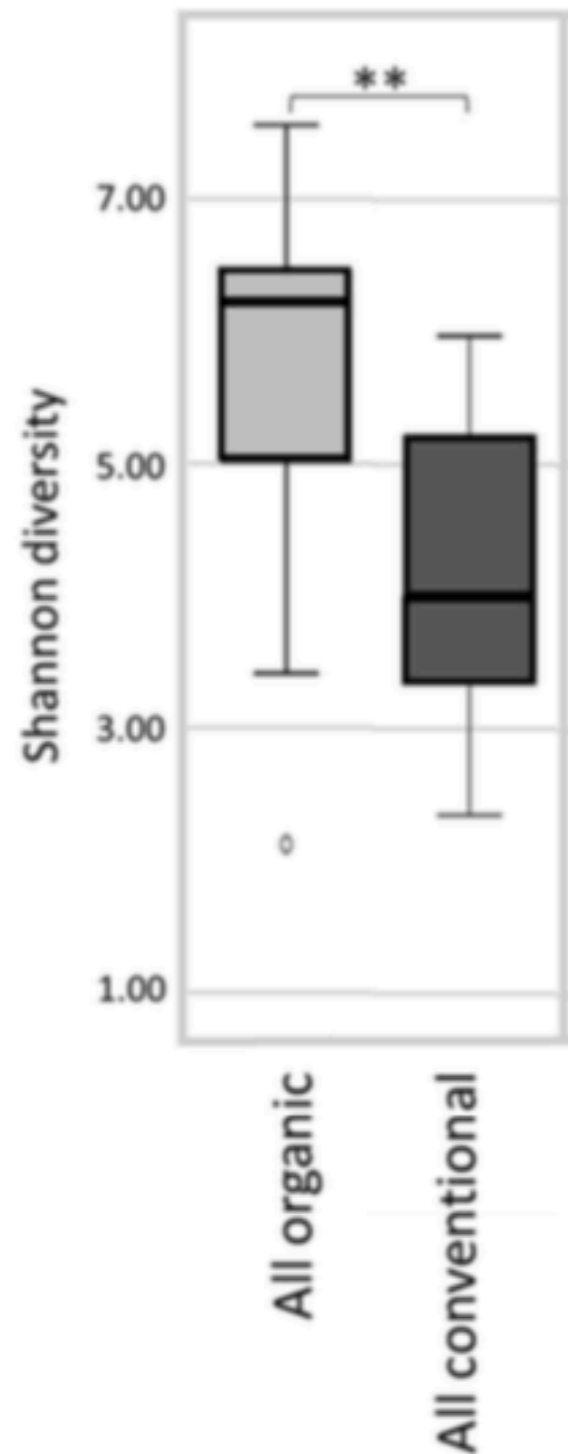


**FIGURE 2 |** Microbial diversity estimates of organically and conventionally managed apples and apple tissues. Suffixes O and C of carposphere tissue in the bottom legend, denote for organic and conventional management, respectively. Significant differences in Shannon diversity estimates of the apple management analogs are indicated by brackets and asterisks.

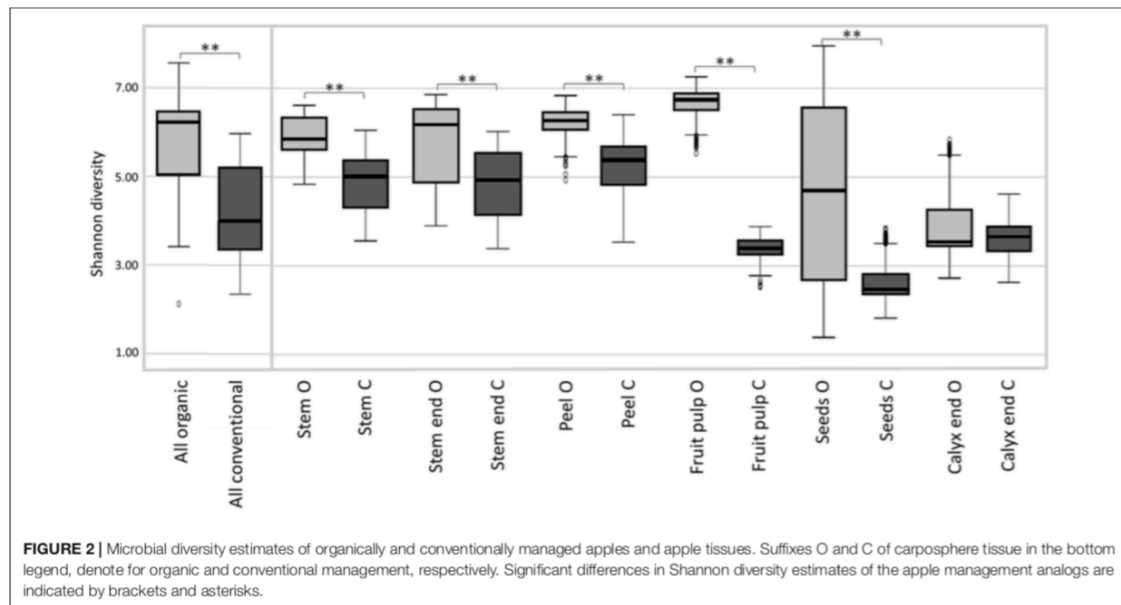


Outliers?

How many samples per tissue were used?



- The combined samples are not all independent. The different tissue can originate from the same apple.
- The distribution of the samples is not the same.



We recommend always **indicating the sample size** and avoiding notches unless they fall entirely within the IQR.

Krzywinski\_ & Altman (2014) Visualizing samples with box plots. Nature Methods. Vol.11 No.2.

The Kruskal–Wallis test does NOT assume that the data are normally distributed; that is its big advantage. If you're using it to test whether the medians are different, it does assume that the observations in each group come from populations with **the same shape of distribution**, so if different groups have different shapes, the Kruskal–Wallis test may give inaccurate results. If you're interested in any difference among the groups that would make the mean ranks be different, then the Kruskal–Wallis test doesn't make any assumptions.

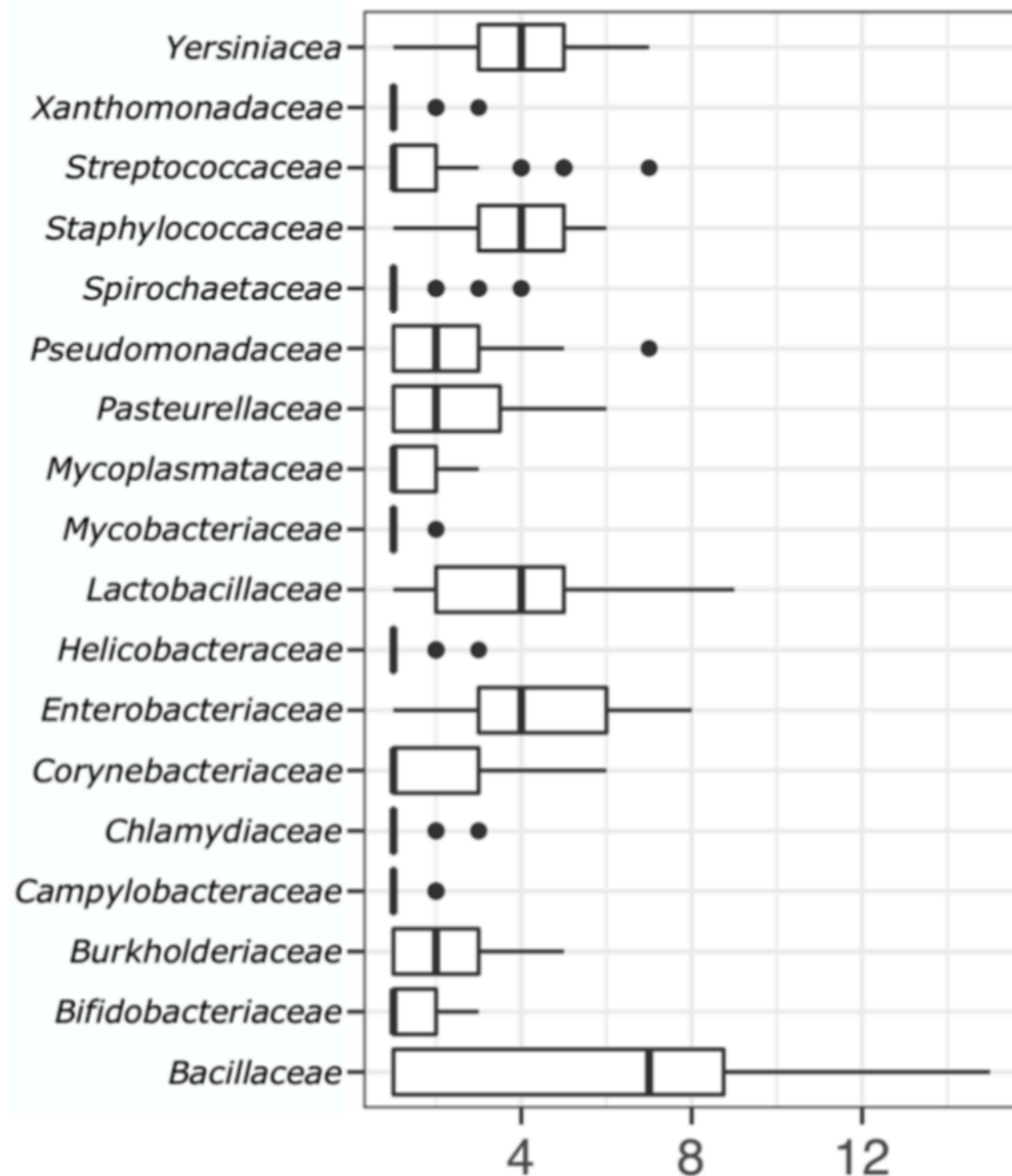
McDonald, J.H. 2014. Handbook of Biological Statistics (3rd ed.). Sparky House Publishing, Baltimore, Maryland.

Gene Abundance

≠

Bacteria Abundance

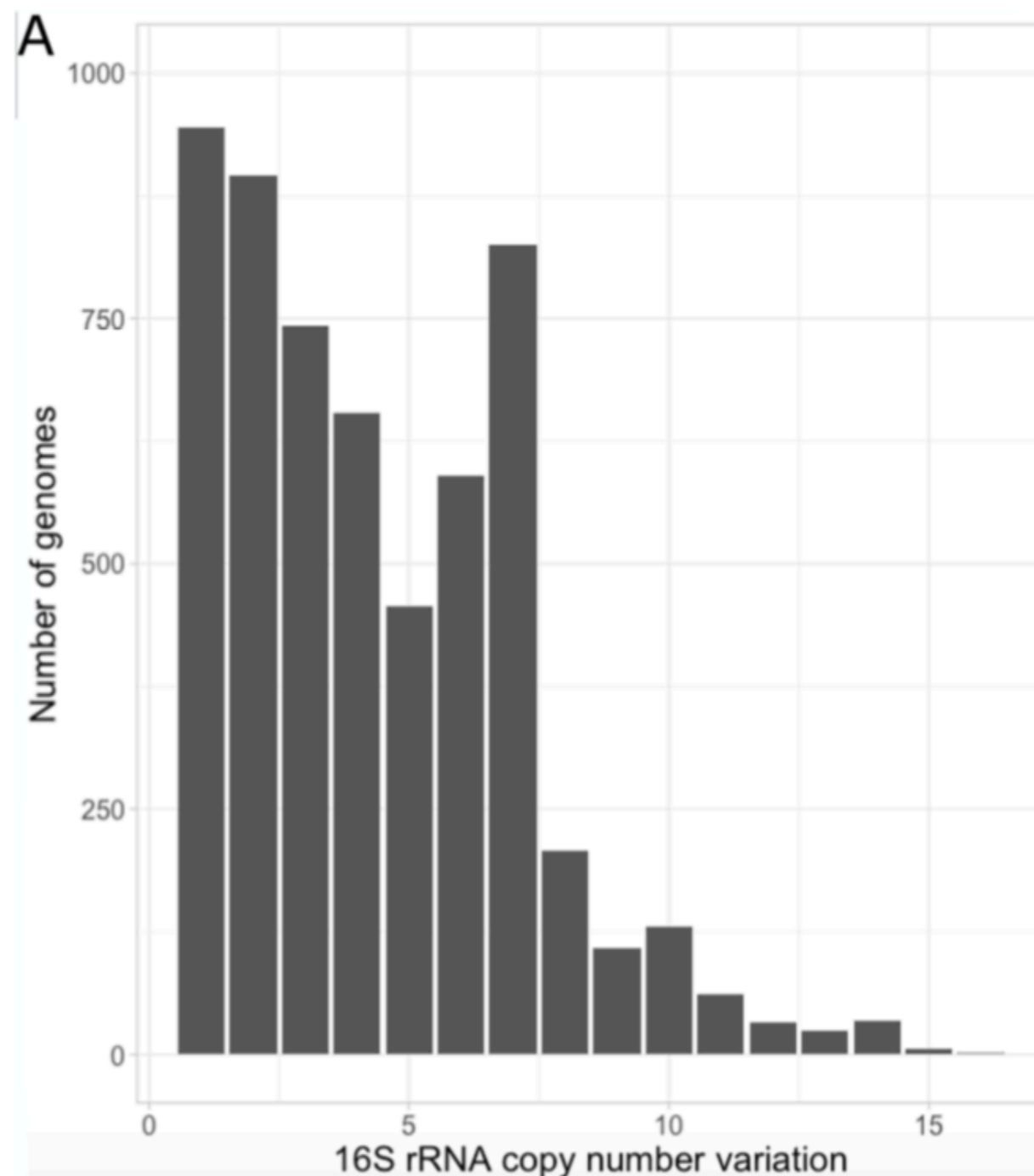
16S rRNA gene copy numbers vary among the bacterial species.



Koehorst et al. (2018) Expected and observed genotype complexity in prokaryotes: correlation between 16S-rRNA phylogeny and protein domain content. DOI:10.1101/494625

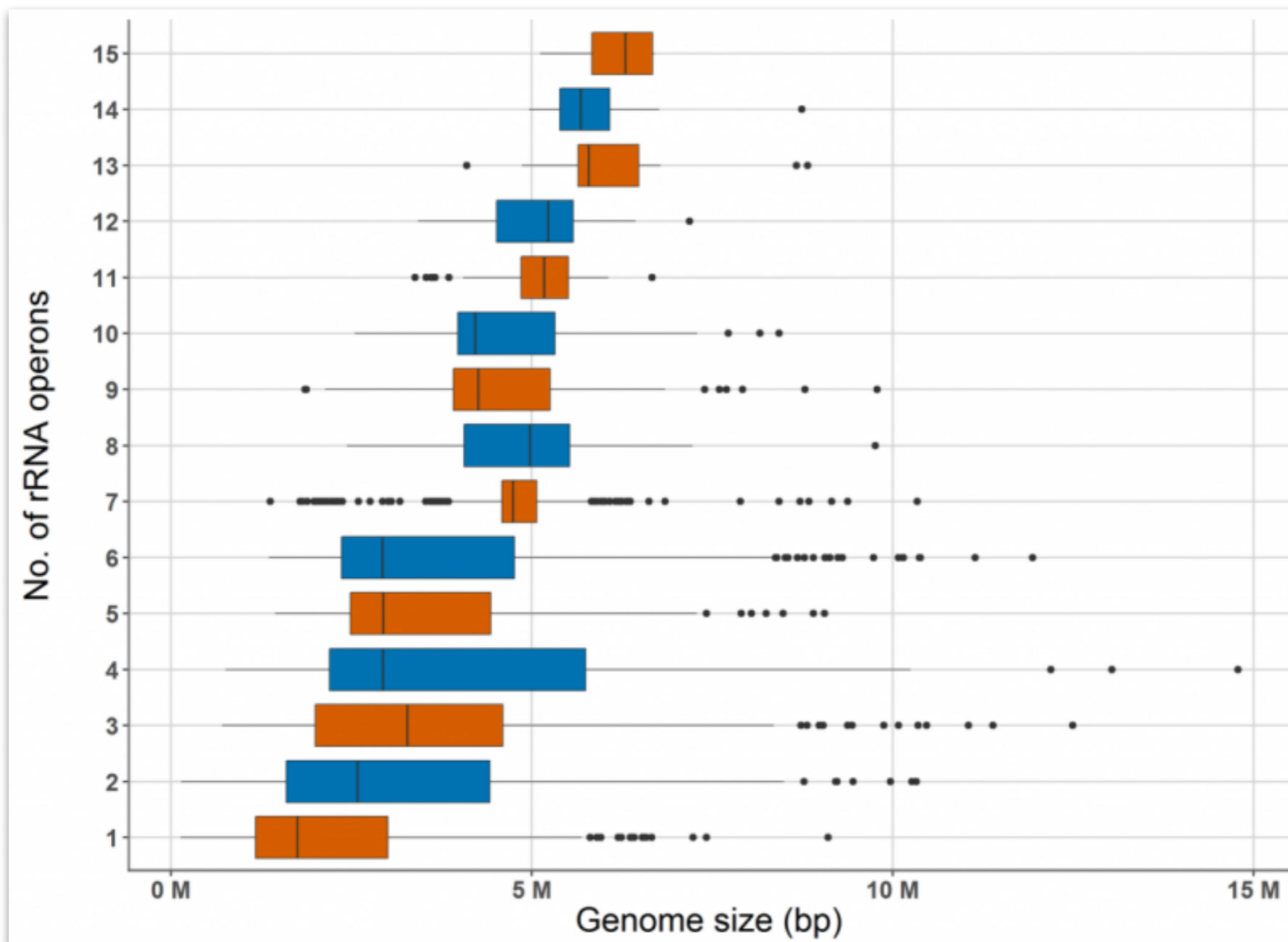


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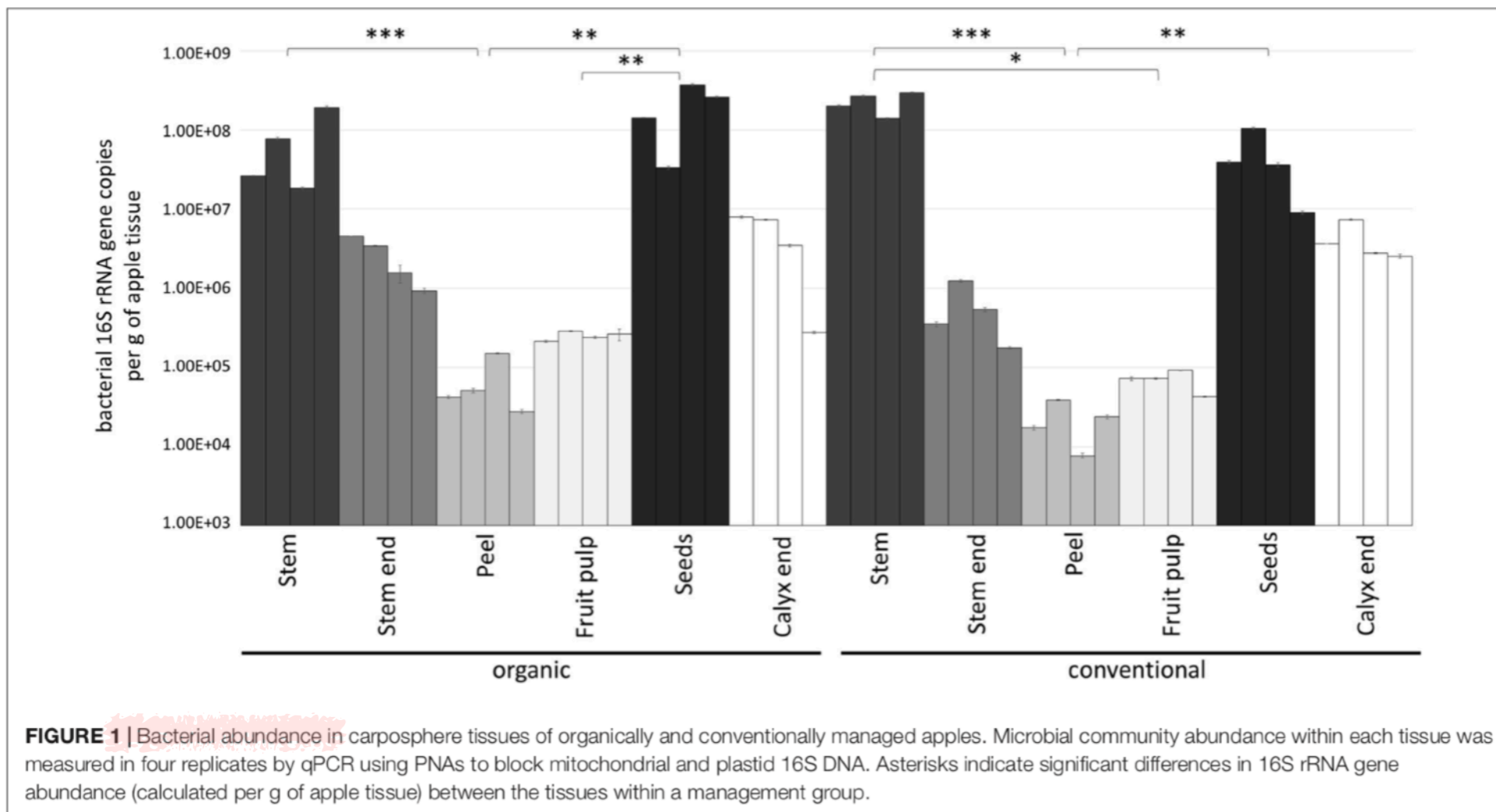


Koehorst et al. (2018) Expected and observed genotype complexity in prokaryotes: correlation between 16S-rRNA phylogeny and protein domain content. DOI:10.1101/494625

16S copy numbers of bacteria in EzBioCloud database



<https://help.ezbiocloud.net/user-guide/microbiome-basics/16s-copy-number-correction/>

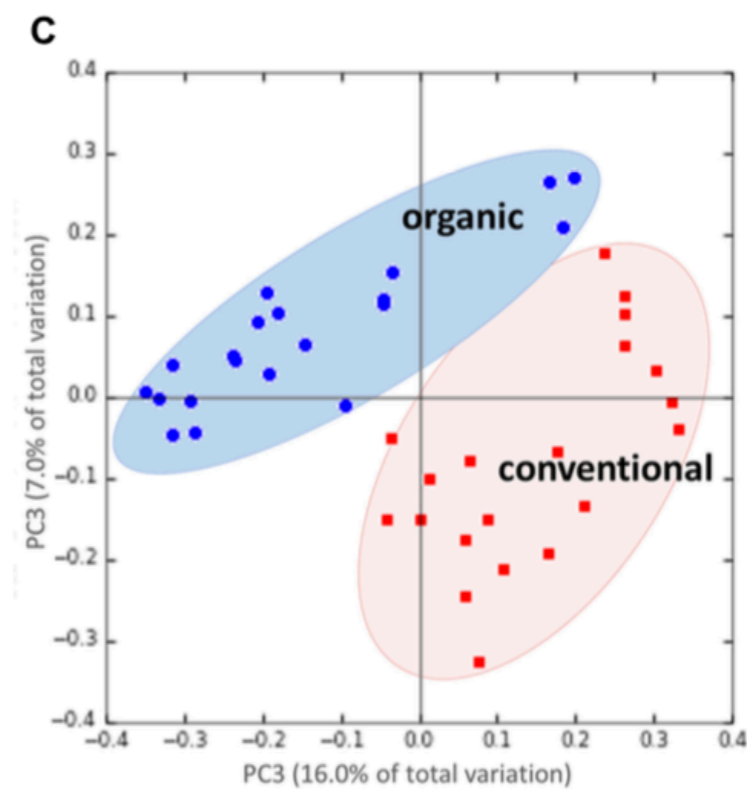
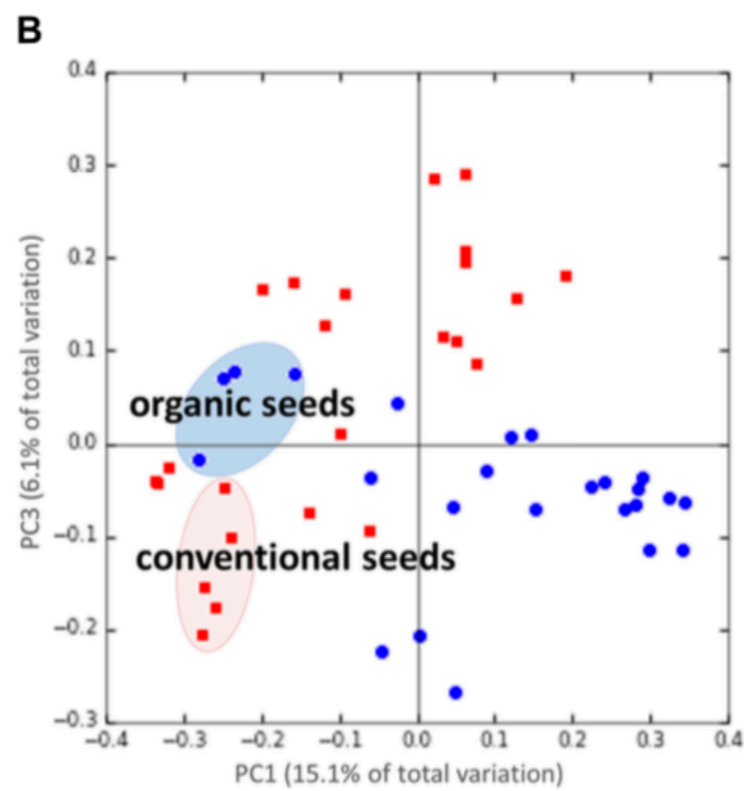
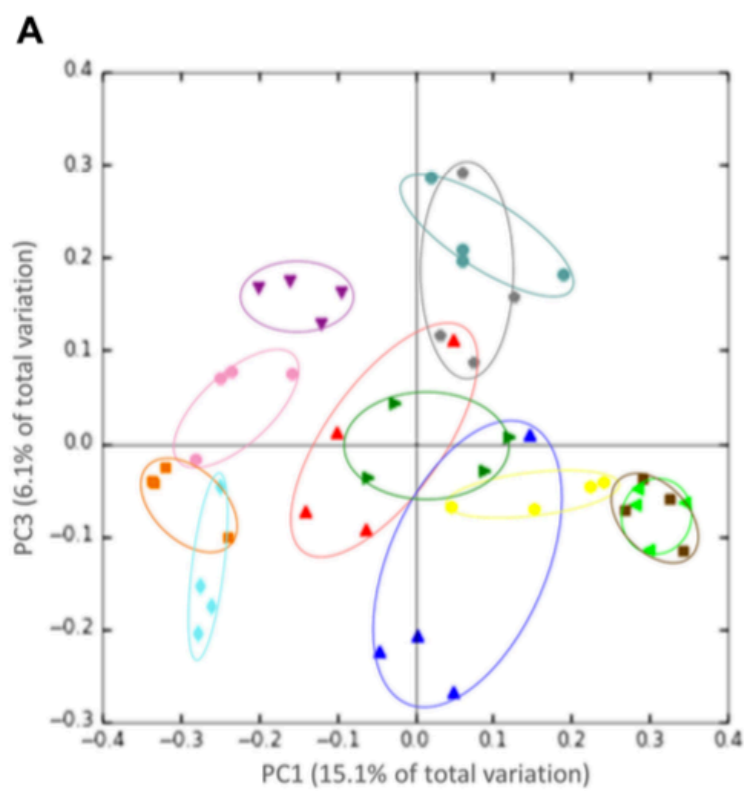


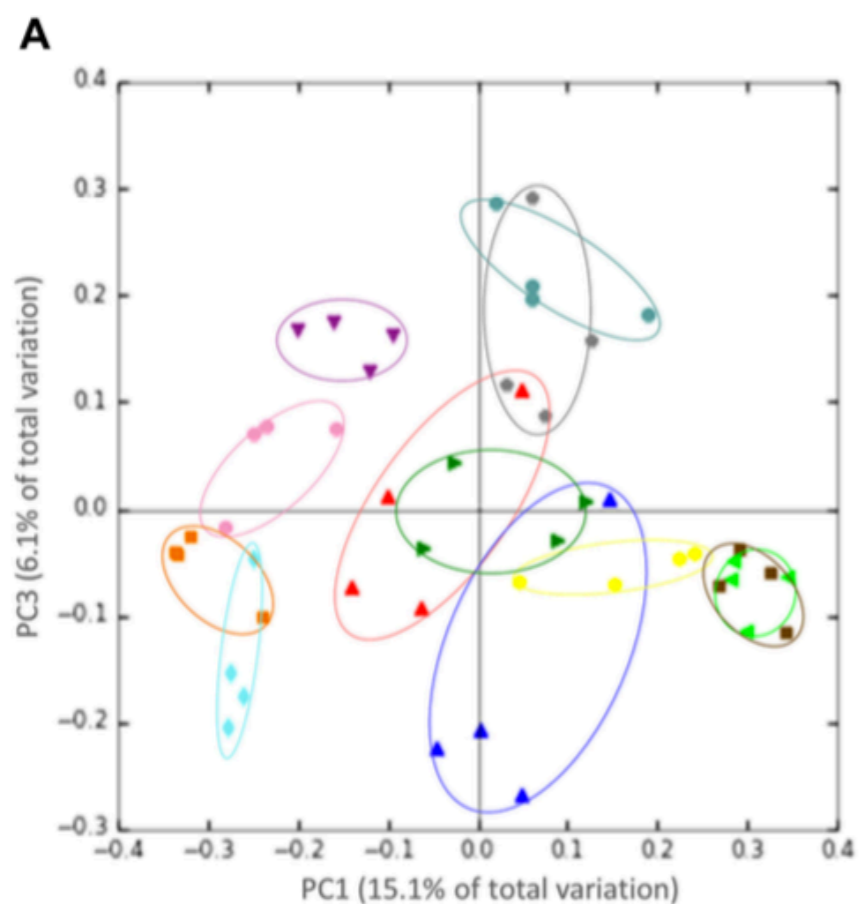
**TABLE 1** | Significant differences in 16S rRNA gene abundance per gram of tissue between organically and conventionally managed apple tissues.

	Group1*	Group2*	Group1 mean	Group2 mean	p-Value
Organic tissues	Stem O	Peel O	7.91E+07 ± 6.99E+07	6.81E+04 ± 4.89E+04	0.001
	Peel O	Seeds O	6.81E+04 ± 4.89E+04	2.04E+08 ± 1.28E+08	0.002
	Fruit pulp O	Seeds O	2.51E+05 ± 2.80E+04	6.81E+04 ± 1.28E+08	0.004
Conventional tissues	Seeds C	Peel C	4.71E+07 ± 3.50E+07	2.18E+04 ± 1.12E+04	0.002
	Stem C	Peel C	2.28E+08 ± 6.16E+07	2.18E+04 ± 1.12E+04	0.001
	Stem C	Fruit pulp C	2.28E+08 ± 6.16E+07	6.96E+04 ± 1.76E+04	0.02

\*O and C denote for organically and conventionally managed apples, respectively. Only significant differences in microbial abundance between apple tissues are listed.

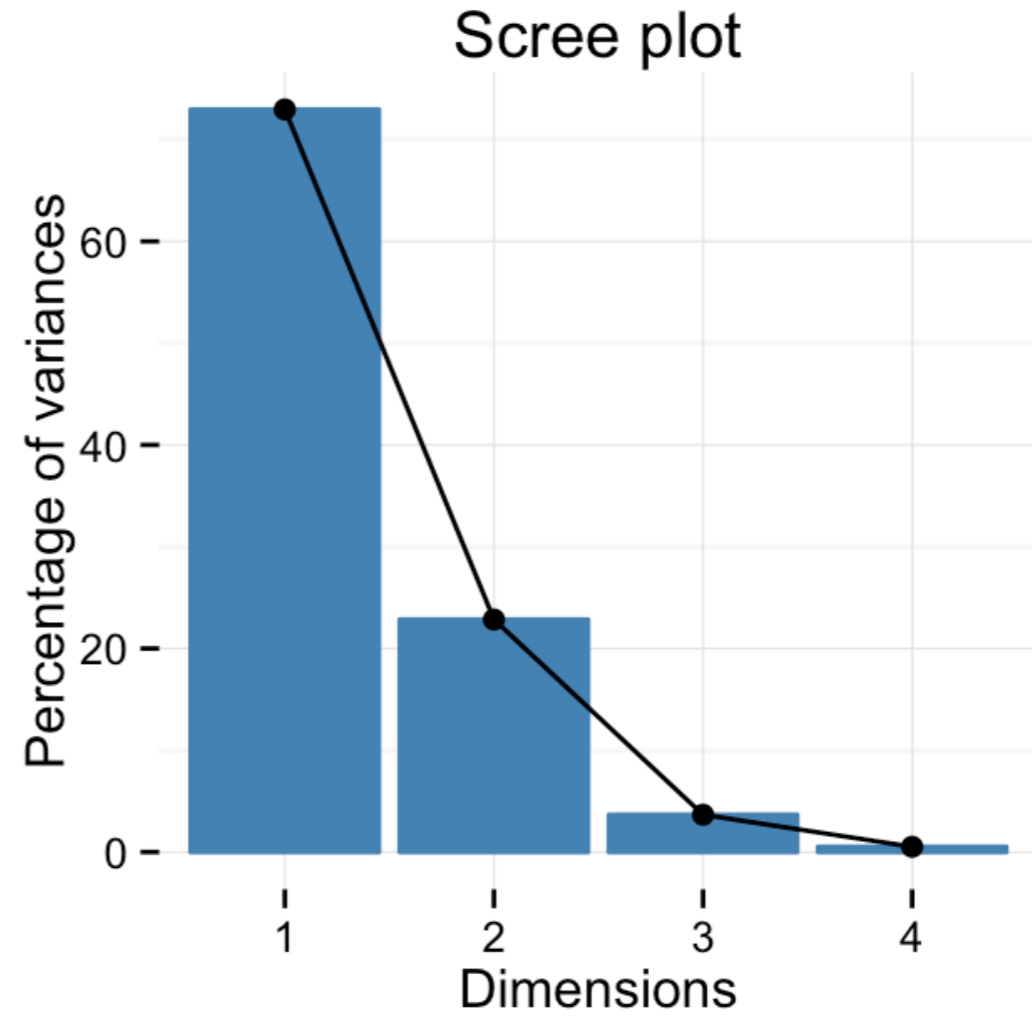
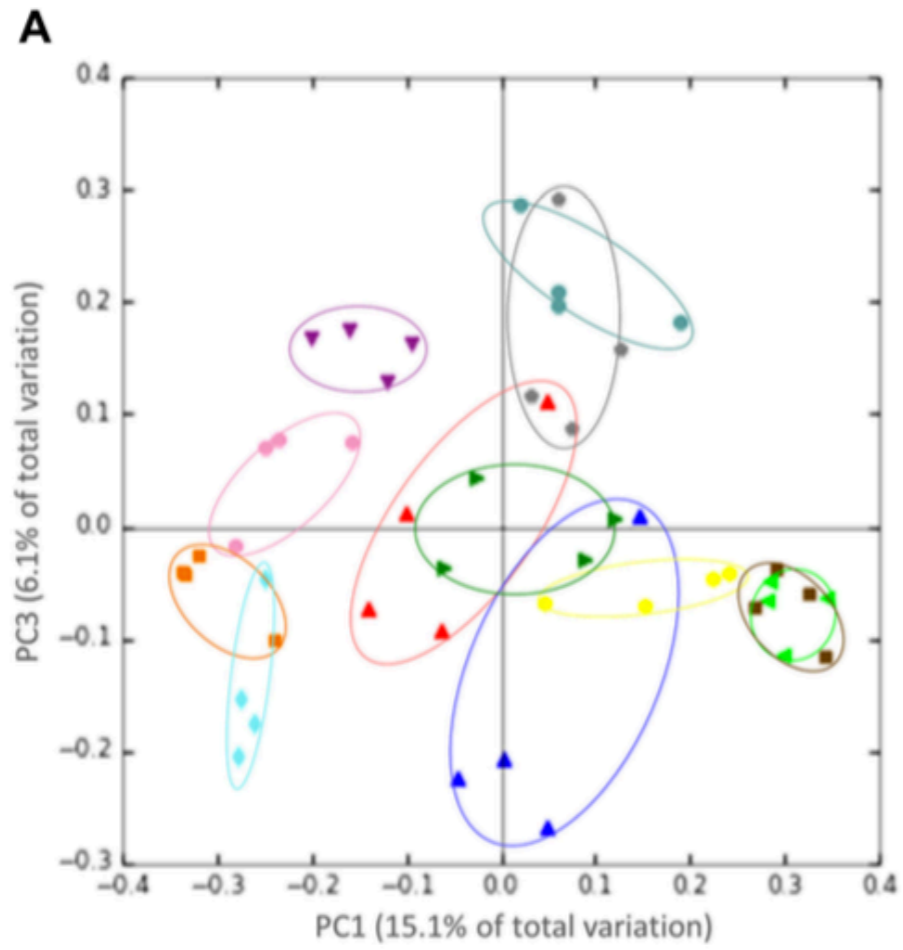
# Principal Components



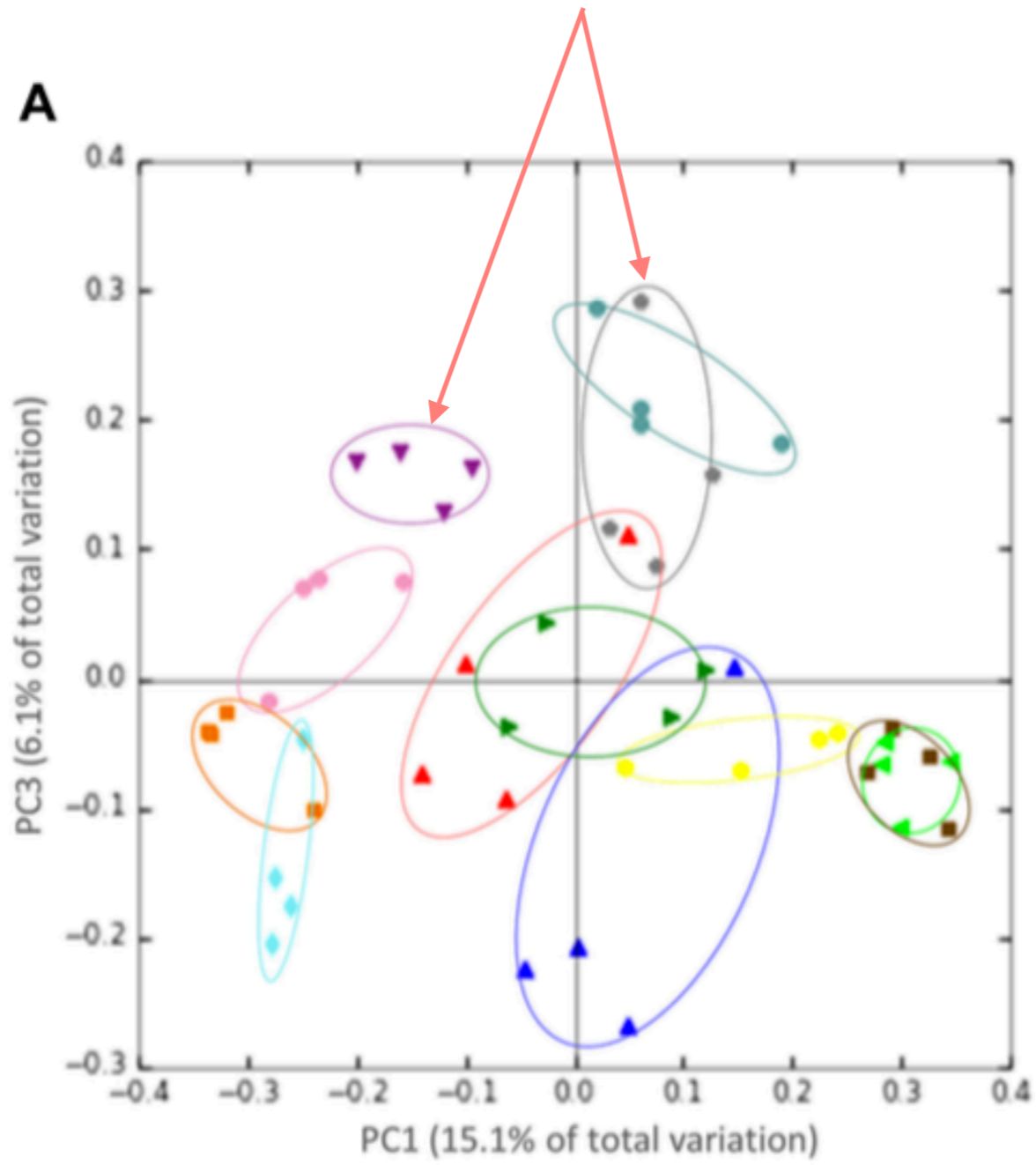


Explained Variance using PCoA with Unweighted Unifrac  
=> PCA 1&2 = 29.0%  
=> PCA 1&3 = 21.6%  
=> PCA 1-3 = 34.3%

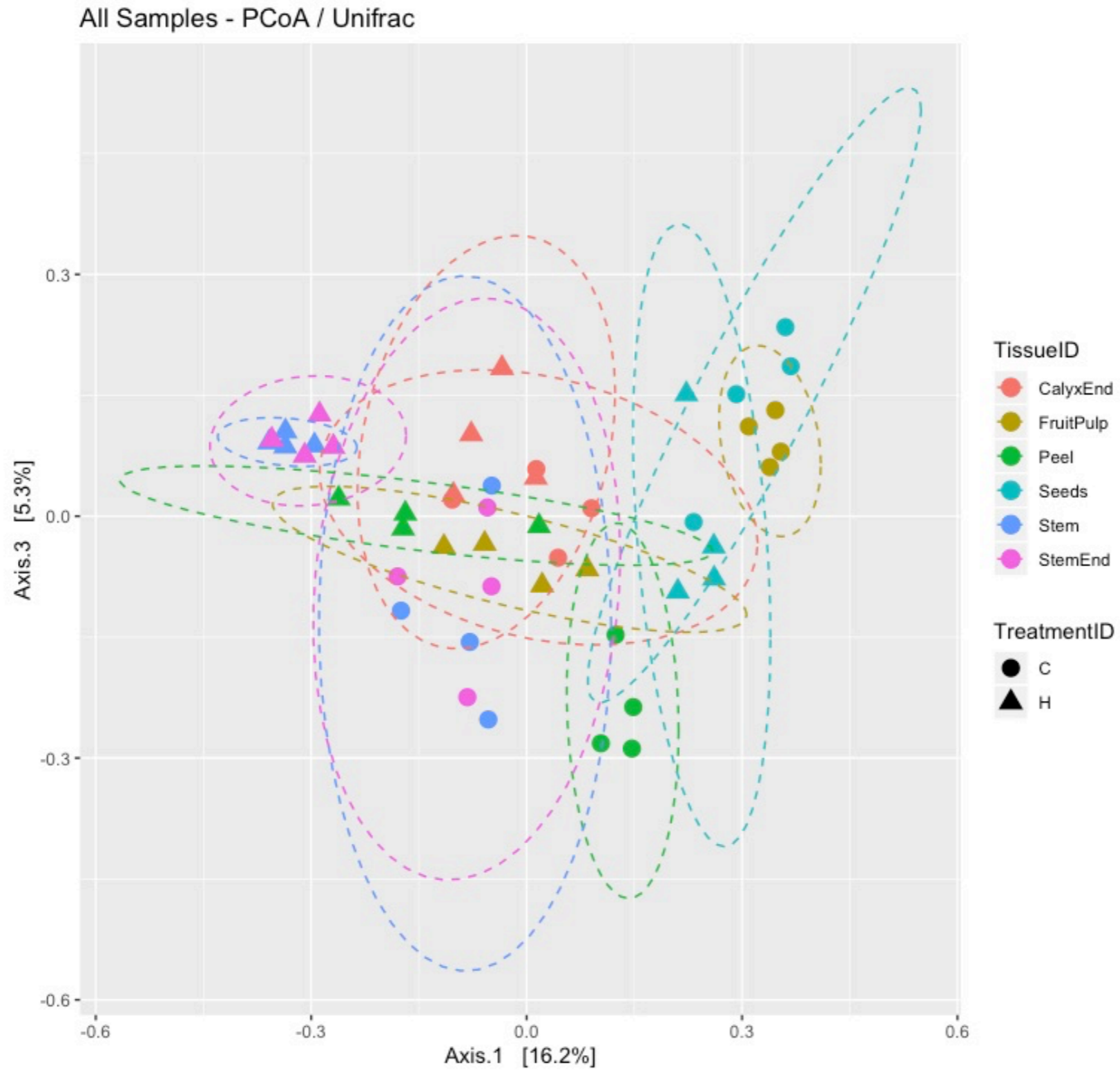
Explained Variance using PCoA with Weighted Unifrac  
=> PCA 1&2 = 58.0%  
=> PCA 1&3 = 48.7%  
=> PCA 1-3 = 67.4%

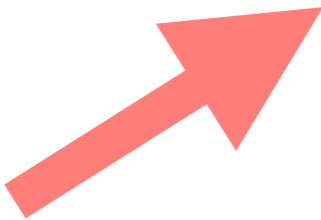
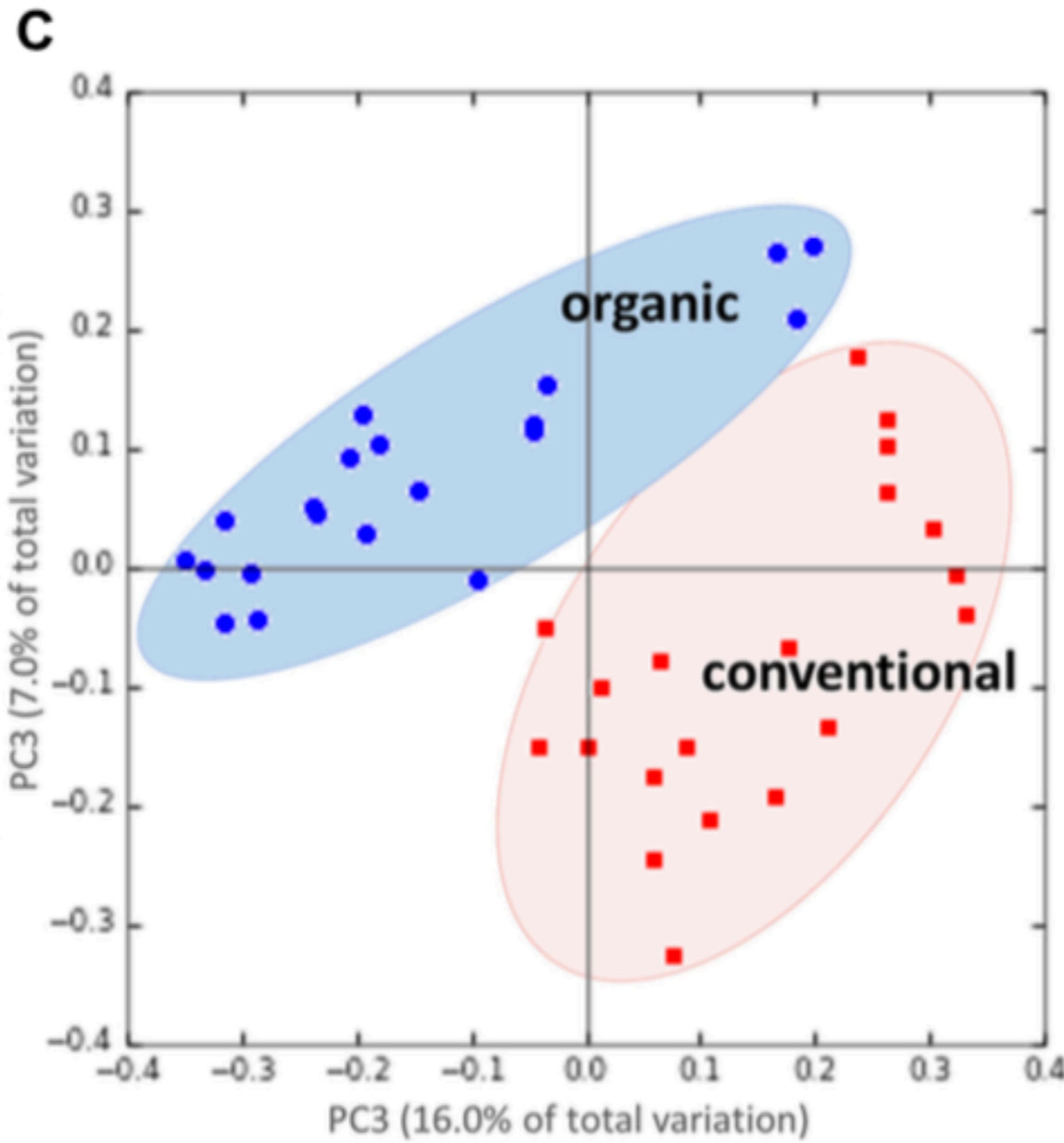
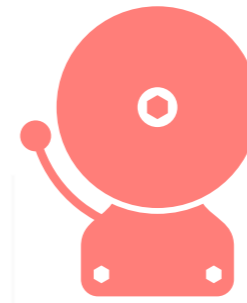


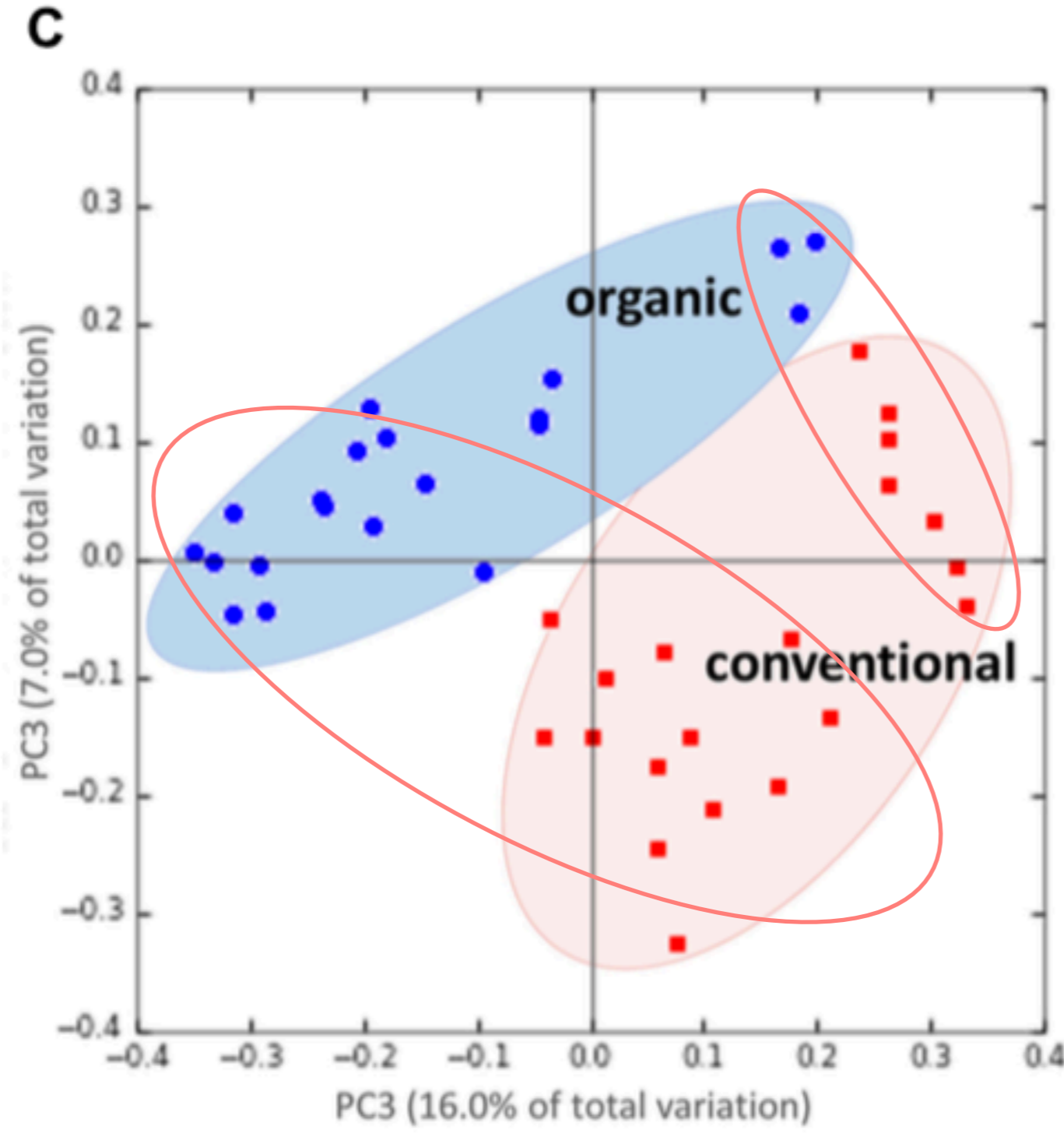
Photoshop?



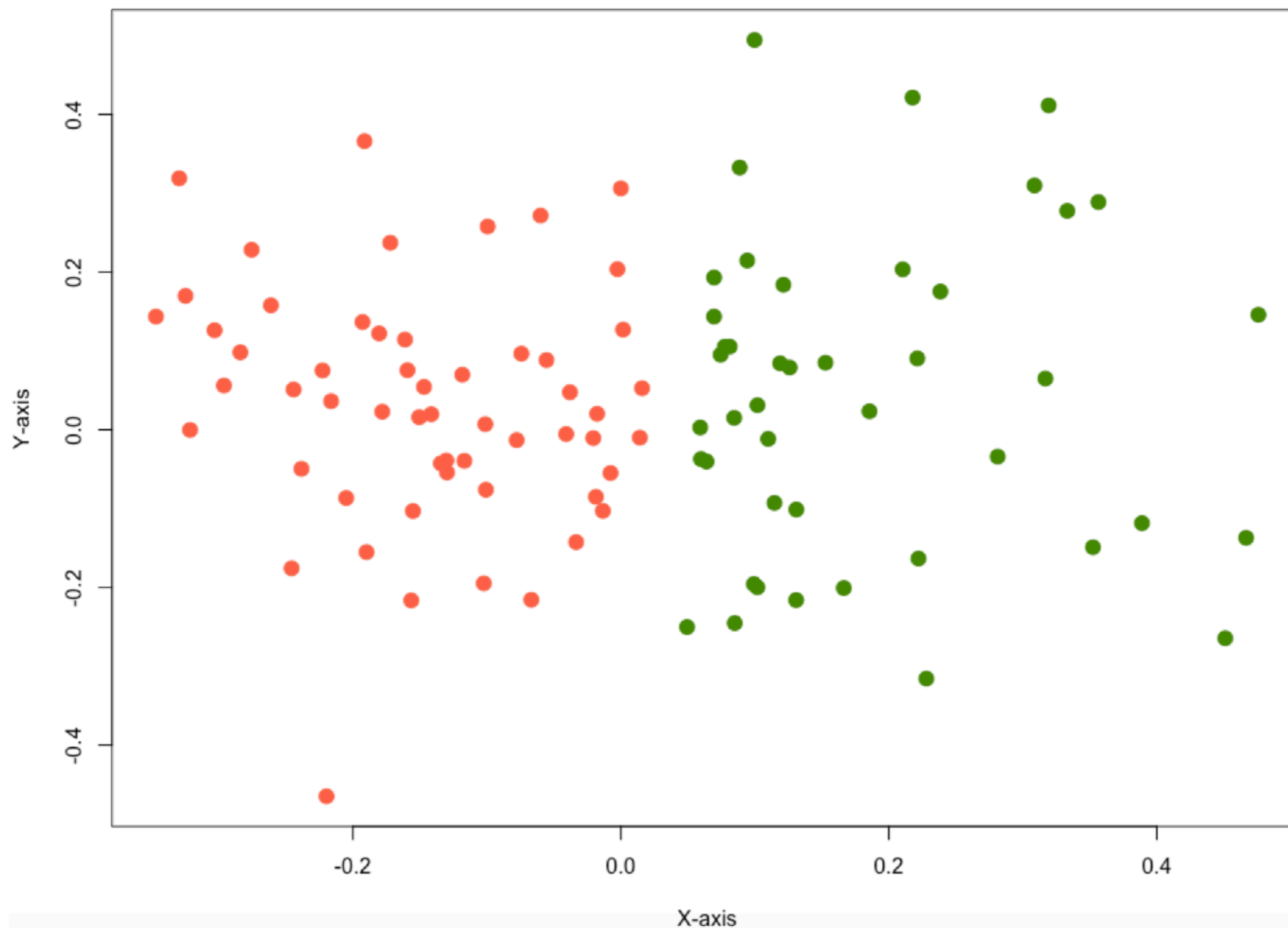




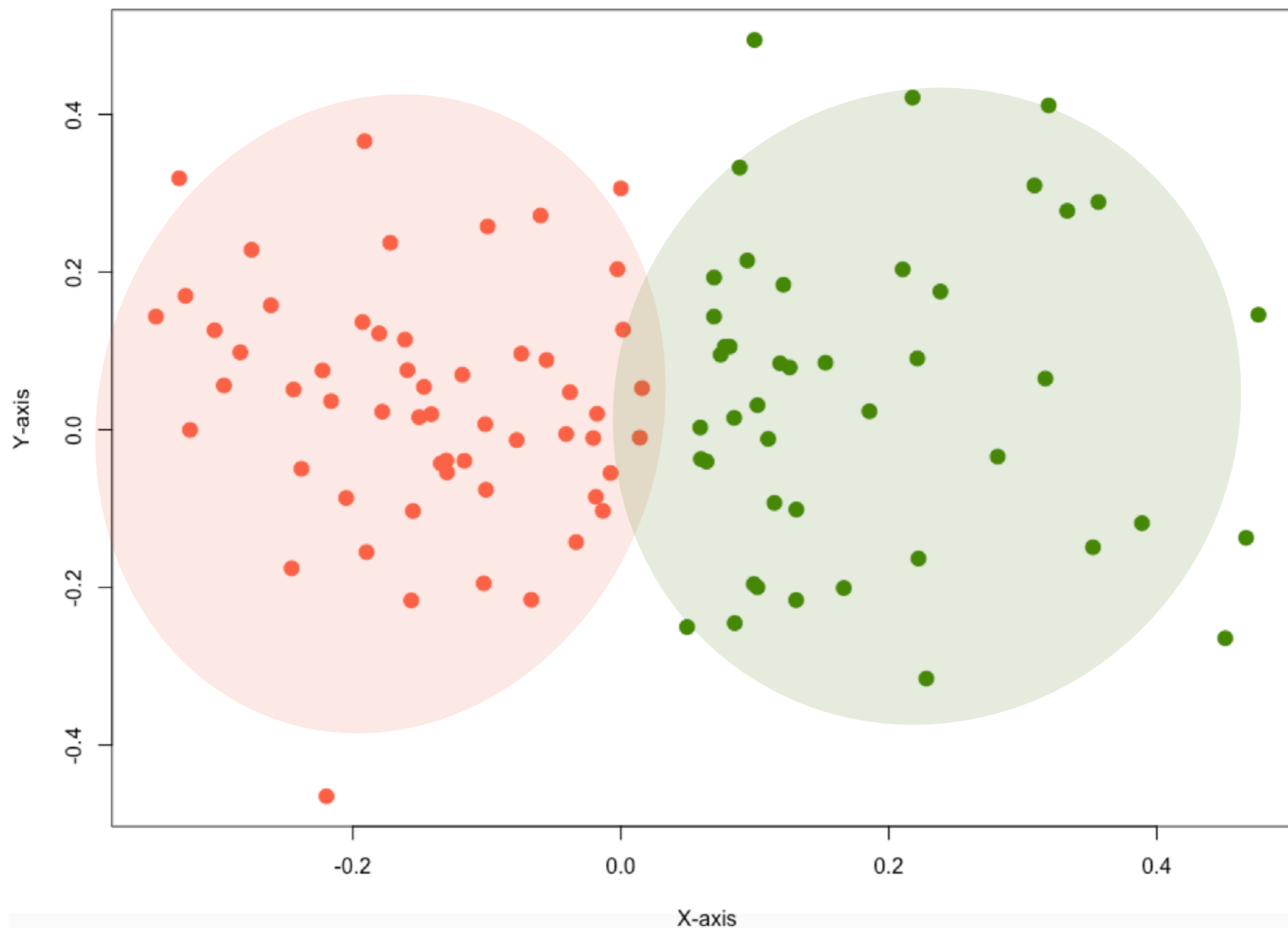




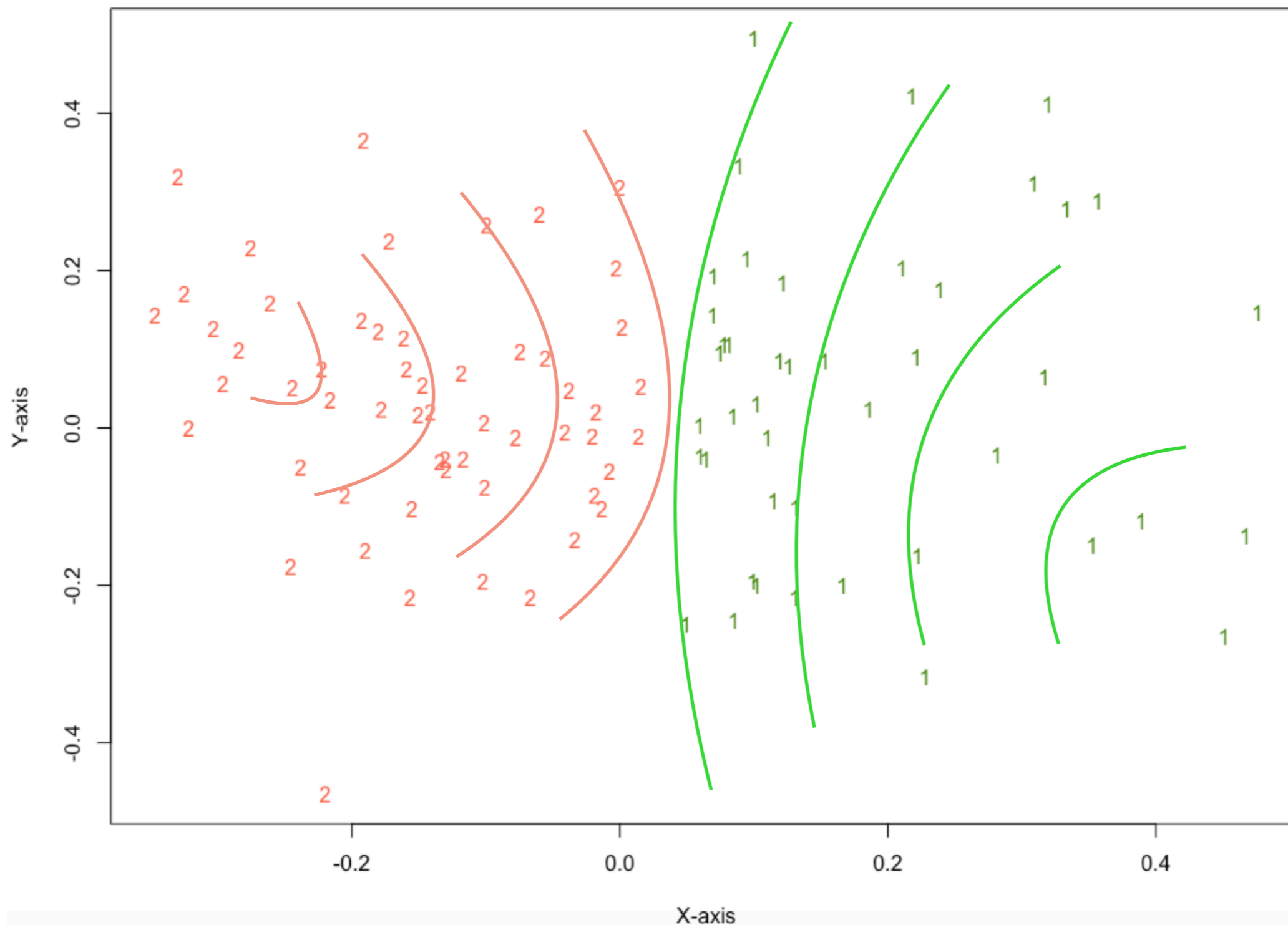
Do you see the two clusters?



Do you see the two clusters?



Do you see the two clusters now?



Just because you like to see  
a difference does not mean  
there is one.

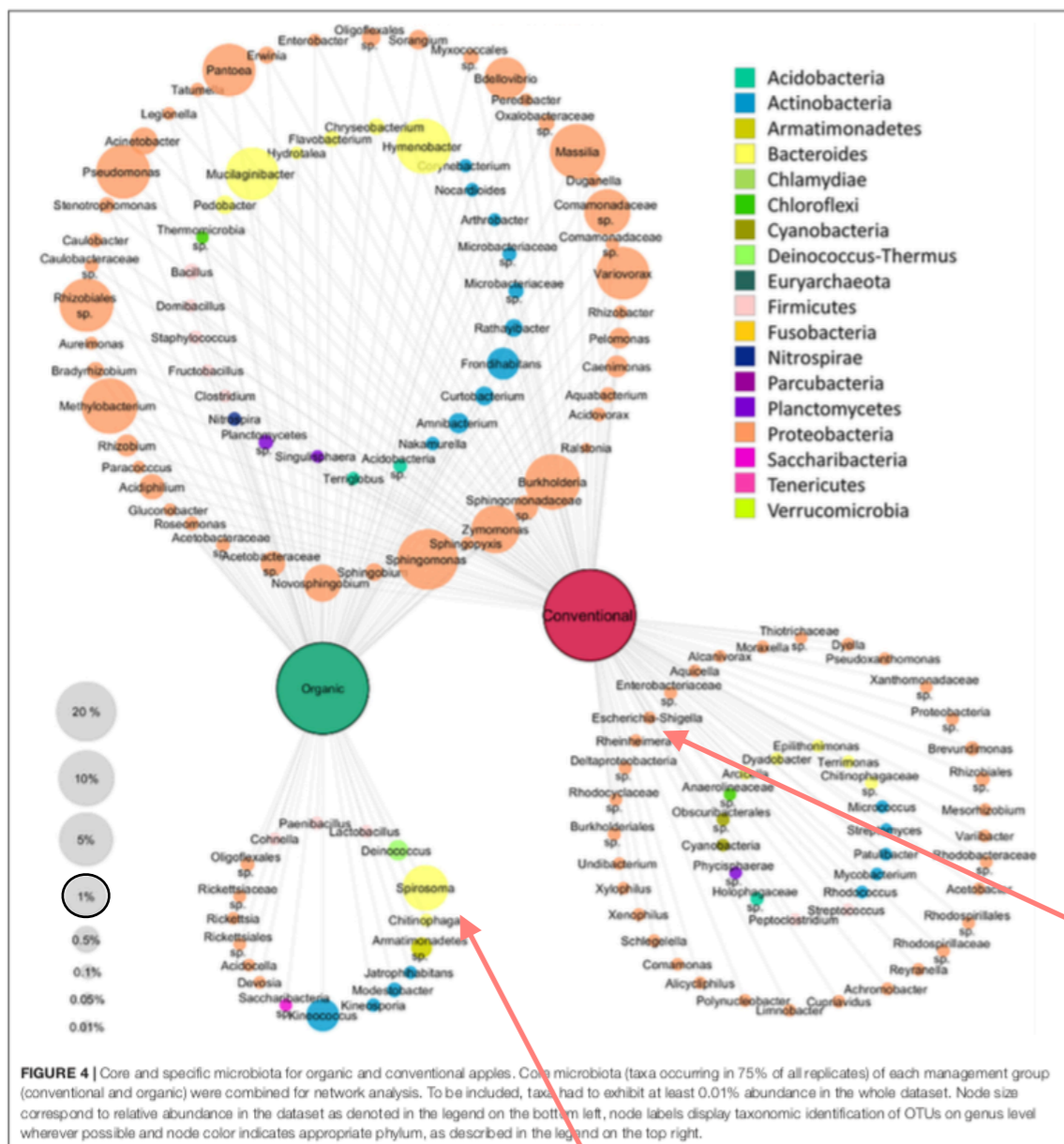
Photoshop is not a  
scientific application!



Core  
Microbiota

# Core Taxa

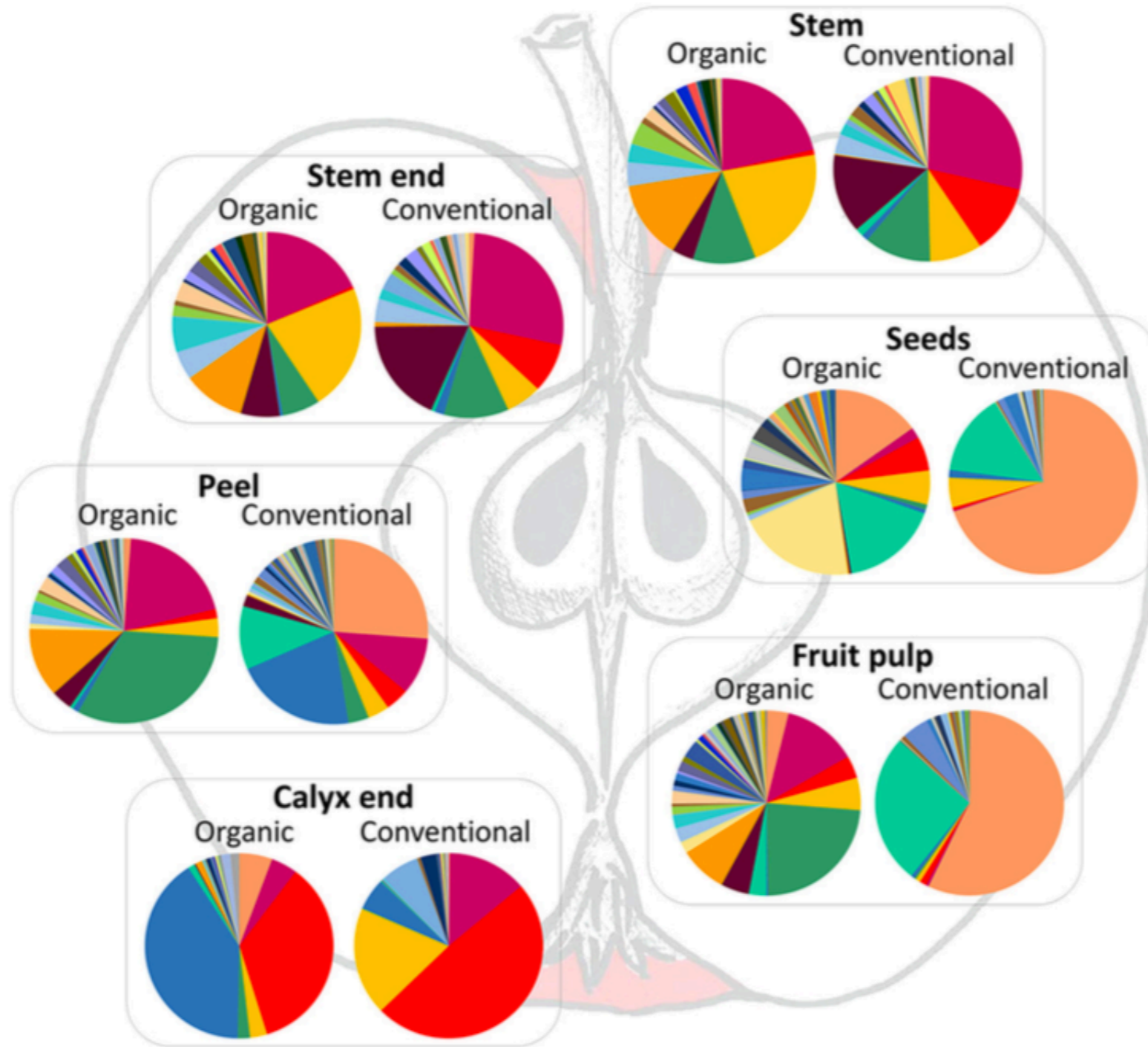
core = taxa occurring in 75% of all replicates

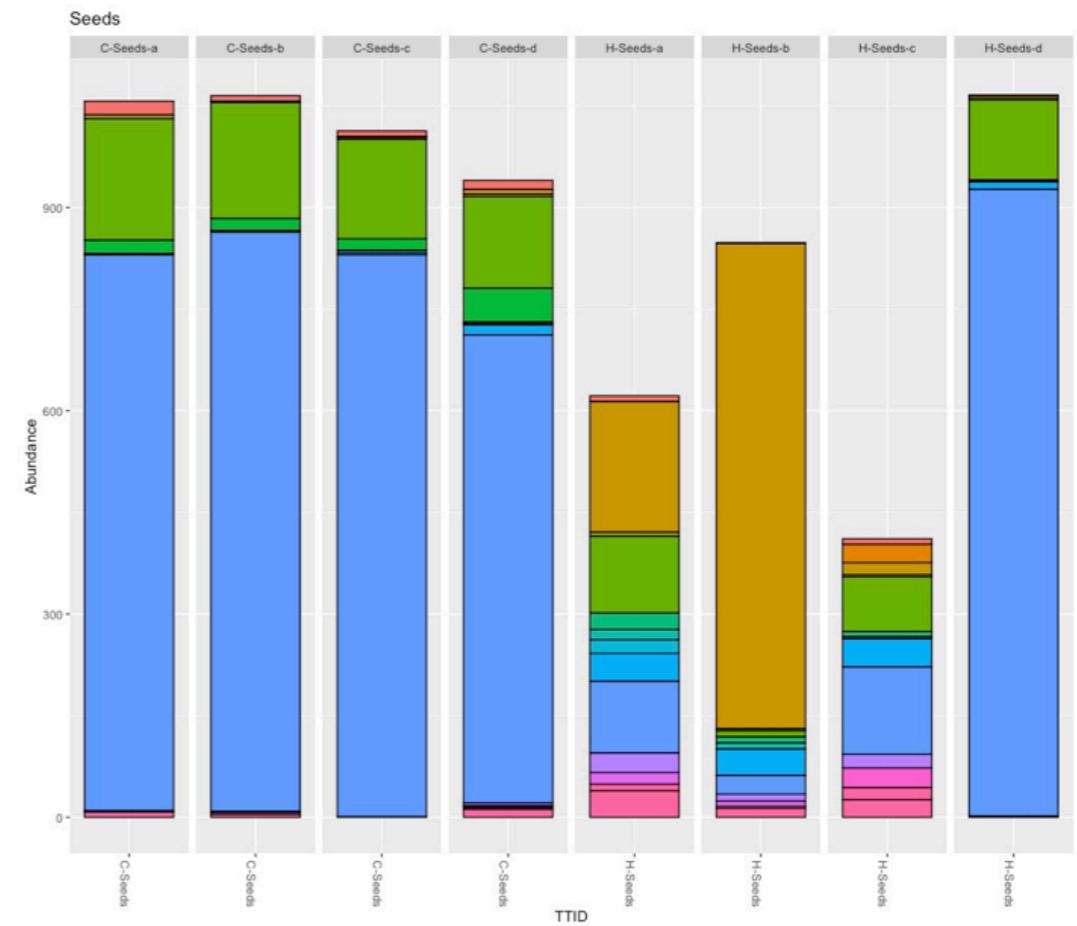
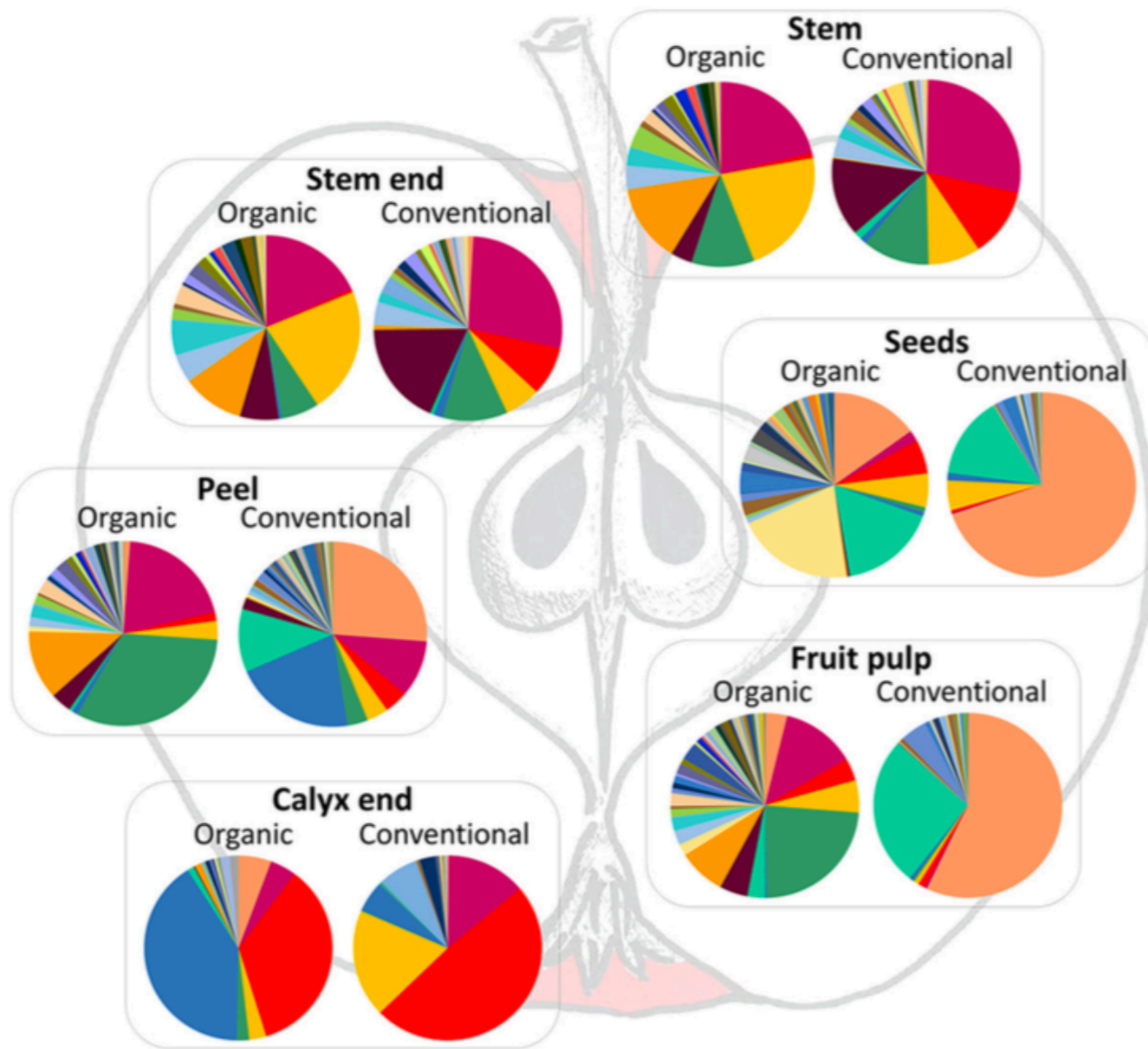


Mixed tissue, why?

Escherichia-Shigella (0.01%)

Spirosoma (1%-5%)





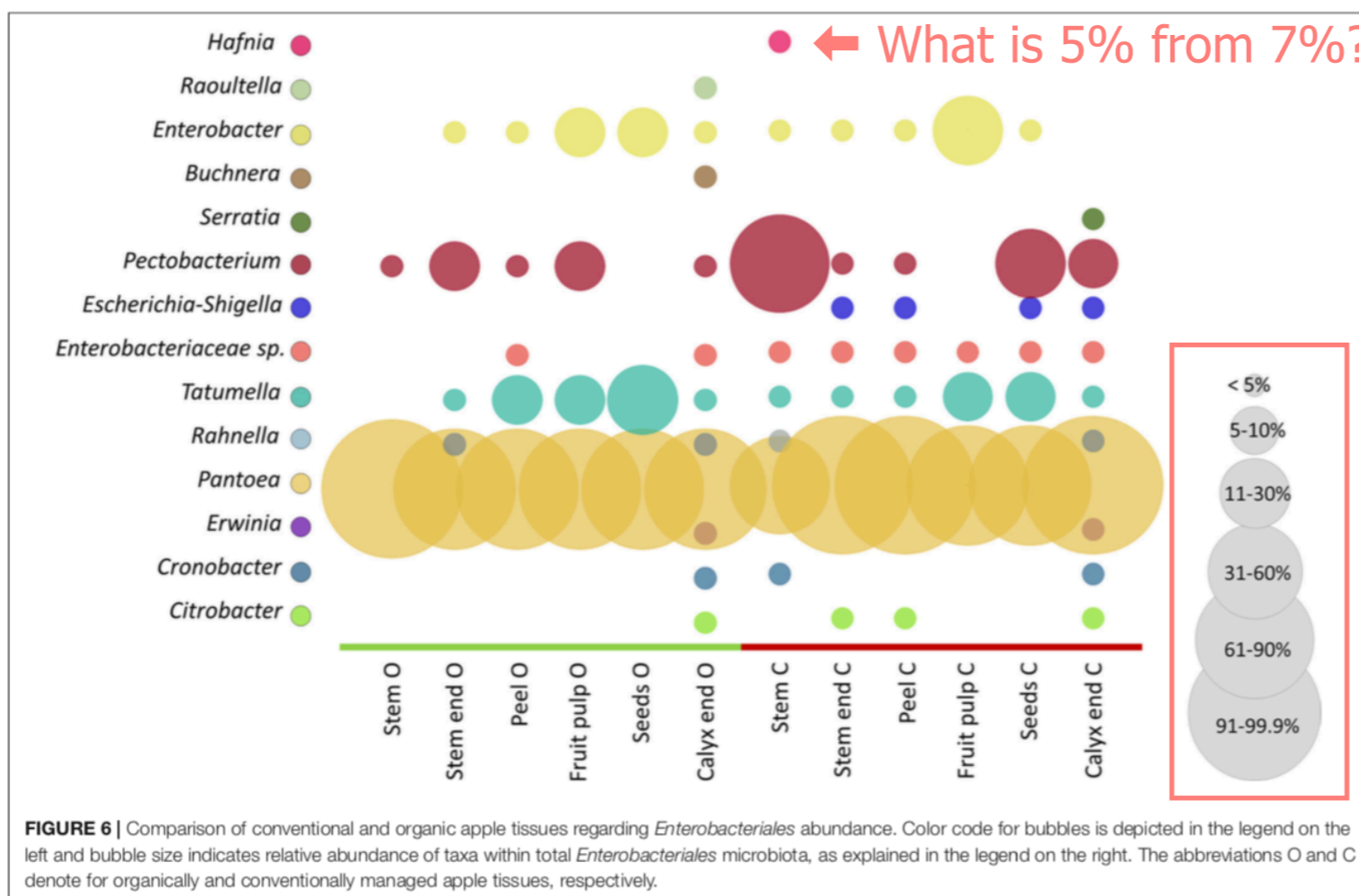
Pooling replicates is not a  
good strategy to reduce  
variance!

# Food-Borne Pathogens

## Results

The taxonomic assignment of OTUs revealed 44 different phyla, 325 orders and 1,755 genera. Among bacterial phyla, Proteobacteria highly dominated with 80%, followed by Bacteroidetes (9%), Actinobacteria (5%), and Firmicutes (3%). Burkholderiales were highly abundant concerning bacterial orders (31% abundance), followed by Sphingomonadales (14%), Rhizobiales (12%), Pseudomonadales (11%), **Enterobacteriales (7%)** and Cytophagales (5%); Micrococcales, Sphingobacteriales, Bacillales, Rhodospirillales, and Flavobacteriales, in ascending order, represented between 5 and 1% of total OTUs. OTUs assigned to the genus *Ralstonia* were most frequent with 13%, while *Sphingomonas* (12%), *Pseudomonas* (11%), *Massilia* (7%), *Methylobacterium* (7%), *Burkholderia* (5%), *Pantoea* (5%), and *Hymenobacter* (5%) were furthermore high abundant.

**Burkholderiales** were highly abundant concerning bacterial **orders** (31% abundance), followed by Sphingomonadales (14%), Rhizobiales (12%), Pseudomonadales (11%), **Enterobacteriales (7%)** and Cytophagales (5%); Micrococcales, Sphingobacteriales, Bacillales, Rhodospirillales, and Flavobacteriales, in ascending order, represented between 5 and 1% of total OTUs.





Do not get fooled by figures!

The order Enterobacteriales was one of the signature taxa of conventional apples as well; among them, we would like to highlight the almost ubiquitous occurrence **of OTUs assigned to Escherichia-Shigella** in the tissues of conventional apples (although low abundant) and their absence in organically managed apples.

## Accurate differentiation of *Escherichia coli* and *Shigella* serogroups: challenges and strategies

N. K. Devanga Ragupathi, D. P. Muthuirulandi Sethuvel, F. Y. Inbanathan and B. Veeraraghavan

Department of Clinical Microbiology, Christian Medical College, Vellore, India

The differentiation of *E. coli* and *Shigella spp.* could not be achieved using 16S rRNA gene sequences as a result of the narrow (<1%) divergence between EHEC, EIEC and *Shigella spp.* Jenkins et al. [14] concur with this finding; their 16S rRNA gene comparison could not distinguish between *E. coli* and *Shigella spp.* as a result of >99% sequence identity. **We therefore deem this approach to be unacceptable to differentiate certain inter- and intraspecies identity.**

Jenkins et al. (2012) Detection and identification of bacteria in clinical samples by 16S rRNA gene sequencing: comparison of two different approaches in clinical practice. J Med Microbiol. 61:483–488.



Clinical Microbiology: Open Access

Delmas et al., Clin Microbiol 2015, 4:2  
DOI:10.4172/2327-5073.1000195

Commentary

Open Access

### *Escherichia coli*: The Good, the Bad and the Ugly

Julien Delmas\*, Guillaume Dalmaso and Richard Bonnet

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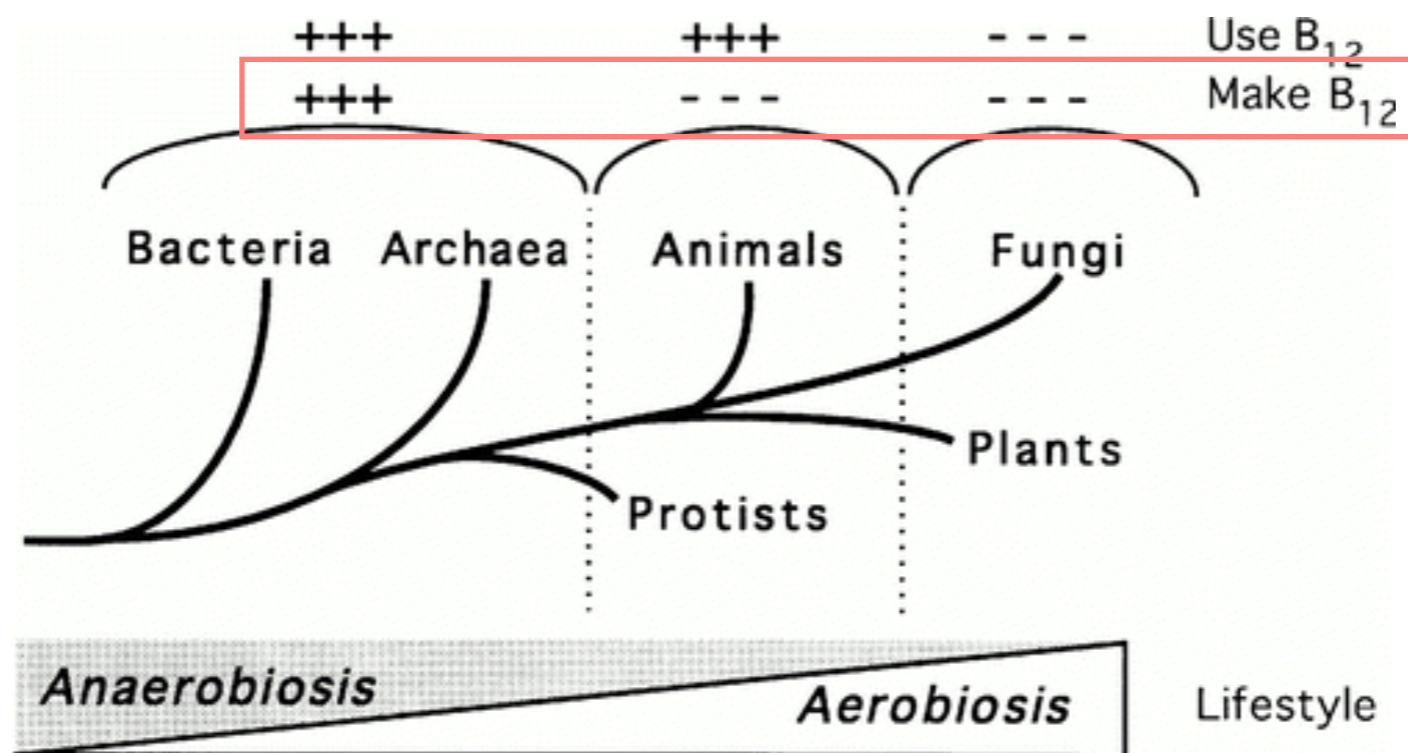
#### Abstract

The species *Escherichia coli* comprises non-pathogenic commensal strains that form part of the normal flora of humans and virulent strains responsible for acute infections inside and outside the intestine. In addition to these pathotypes, various strains of *E. coli* are suspected of promoting the development or exacerbation of chronic diseases of the intestine such as Crohn's disease and colorectal cancer.

The species *Escherichia coli* comprises non-pathogenic commensal strains that form part of the **normal flora** of humans and virulent strains responsible for acute infections inside and outside the intestine.

Understand your limits!

If you've been eating an apple a day to keep the doctor away but haven't been consuming the **core**, you are likely missing out on some of the **most beneficially nutritious parts of the apple**.



These results suggest that the selection pressure to maintain **B12 synthesis varies with the lifestyle** of the organism. *E. coli* seems to fill a niche that does not require full de novo B12 synthesis, perhaps one in which B12 (or Cbi) is prevalent, and ethanolamine (but not propanediol) is an important carbon source. For ***Salmonella spp.***, the ability to synthesize B12 must be strongly selected; its main use may be to degrade propanediol under anaerobic conditions in the presence of a suitable alternative electron acceptor.

Roth J, Lawrence J, Bobik T. COBALAMIN (COENZYME B12): Synthesis and Biological Significance. Annual Review of Microbiology. 1996;50:137–81. PMID:8905078.

Cobalamin biosynthetic pathway in microbes

Microorganisms	De novo synthesis pathway	Salvage pathway	References
<b>Aerobes</b>			
<i>Pseudomonas dentrificans</i>	Yes	Yes	[3]
<i>Rhodobacter capusulatus</i>	Yes	Yes	[3]
<i>Rhodobacter sphaeroides</i>	Yes	Yes	[3]
<i>Sinorhizobium meliloti</i>	Yes	Yes	[3]
<b>Anaerobes</b>			
<i>Salmonella typhimurium</i>	Yes	Yes	[4]
<i>Bacillus megaterium</i>	Yes	*	[5]
<i>Propionibacterium shermanii</i>	Yes	*	[5]
<i>Escherichia coli</i>	No	Yes	[4]
<i>Thermotoga</i> sp. RQ2	No	No	[6]
<i>Thermotoga maritima</i> MSB8	No	No	[6]
<i>Thermotoga neapolitana</i>	No	No	[6]
<i>Thermotoga petrophila</i>	No	No	[6]
<i>Thermotoga naphthophila</i>	No	No	[6]
<i>Thermotoga thermarum</i>	No	Yes	[6]
<i>Thermotoga lettingae</i>	No	Yes	[6]
<i>Fervidobacterium nodosum</i>	No	Yes	[6]
<i>Thermosipho melanesiensis</i>	Yes	Yes	[6]
<i>Thermosipho africanus</i>	Yes	Yes	[6]
<i>Kosmotoga olearia</i>	No	Yes	[6]
<i>Mesotoga prima</i>	No	No	[6]
<i>Petrotoga mobilis</i>	No	No	[6]

Unidentified pathways are marked with “\*\*”

In this review, we provide a comprehensive understanding of advances in the microbial production of **vitamin B12**, with a particular focus on establishing a heterologous host for the vitamin B12 production, as well as on strategies and tools that have been applied to increase microbial cobalamin production. Several worthy strategies employed for other products are also included.

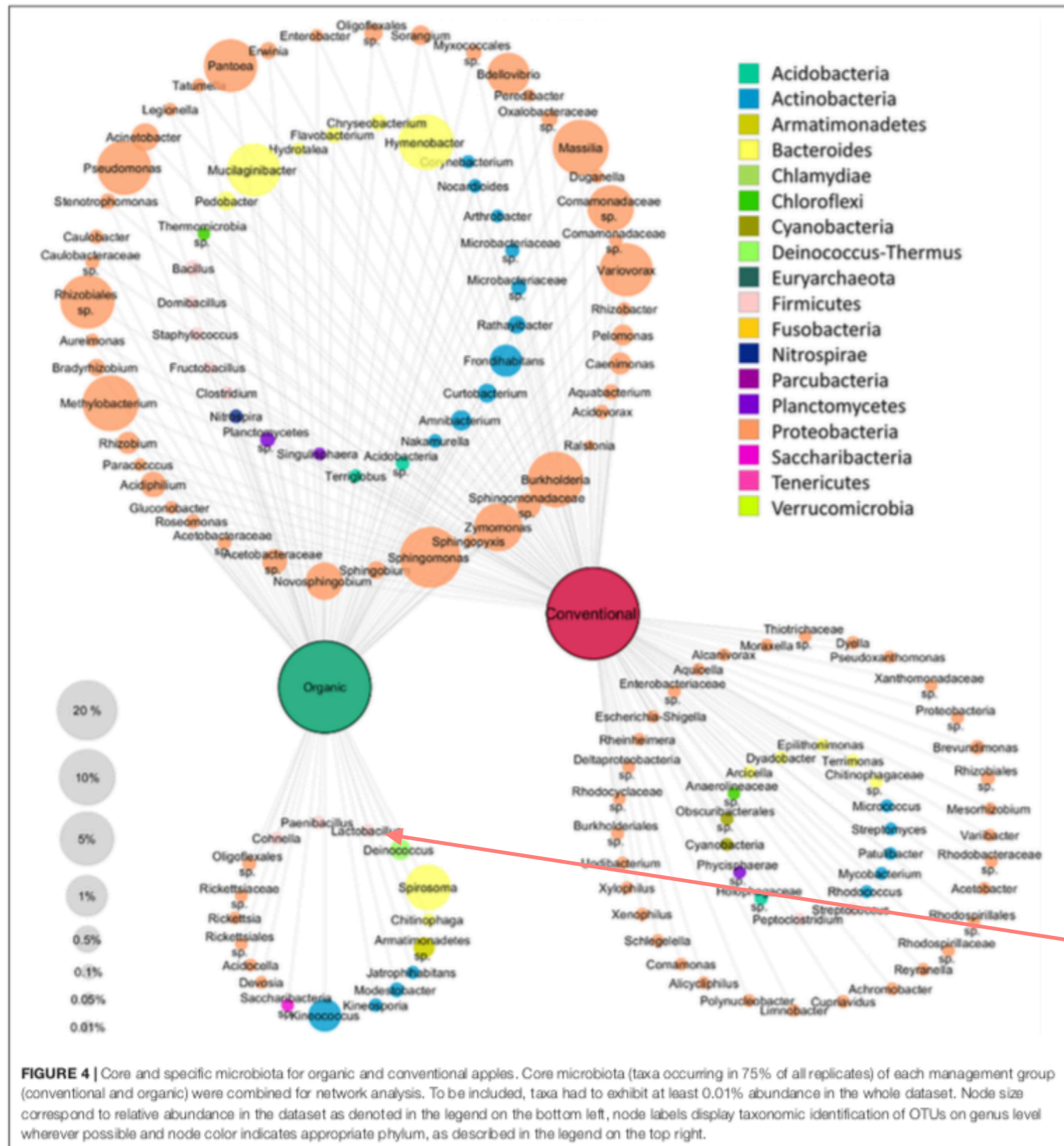
Fang, H., Kang, J., & Zhang, D. (2017). Microbial production of vitamin B12: a review and future perspectives. *Microbial cell factories*, 16(1), 15.



**Apple seeds** contain amygdalin, a substance that releases **cyanide** into the blood stream when chewed and digested. However, **apple seeds** in small amounts do not contain enough **cyanide** to cause harm. However, it is better to spit out **seeds** to avoid any potential issues.

Think before you give  
advices! Seriously!!

Controversially, **Lactobacillus**, which is frequently used within probiotics (Derrien and van Hylckama Vlieg, 2015), was one of the **core taxa** of organic apples.



Lactobacillus (0.01%)

	C				H			
	CalyxEnd				CalyxEnd			
Burkholderia-Paraburkholderia	0.1	0.0	0.4	0.4	0.2	0.6	0.4	1.8
Lactobacillus	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Legionella	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Saccharibacteria	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Deinococcus	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	FruitPulp				FruitPulp			
Burkholderia-Paraburkholderia	20.2	22.0	26.0	20.2	1.8	2.7	2.1	0.8
Lactobacillus	0.1	0.0	0.2	0.0	0.2	0.1	0.1	0.0
Legionella	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Saccharibacteria	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Deinococcus-Thermus	0.0	0.0	0.0	0.0	0.5	0.6	0.1	1.7
	Peel				Peel			
Burkholderia-Paraburkholderia	9.2	6.4	10.3	7.3	0.2	0.1	0.3	1.3
Lactobacillus	0.1	4.7	0.1	0.3	0.0	0.0	0.0	0.2
Legionella	1.9	1.6	3.5	0.1	0.1	0.1	0.0	0.0
Saccharibacteria	0.1	0.1	0.1	0.0	0.0	0.1	0.1	0.0
Deinococcus-Thermus	0.0	0.0	0.0	0.0	0.4	0.1	0.2	0.1
	Seed				Seeds			
Burkholderia-Paraburkholderia	15.7	12.3	14.2	11.8	7.7	1.2	7.4	11.7
Lactobacillus	0.0	0.0	0.0	0.0	0.4	0.4	0.0	0.0
Legionella	0.0	0.0	0.0	0.0	0.0	0.0	0.4	0.0
Saccharibacteria	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Deinococcus-Thermus	0.0	0.0	0.0	0.0	0.6	0.0	0.0	0.0
	Stem				Stem			
Burkholderia-Paraburkholderia	0.2	8.1	1.3	0.2	0.1	0.0	0.0	0.0
Lactobacillus	0.5	0.0	0.0	0.1	0.1	0.0	0.0	0.0
Legionella	0.5	0.0	0.0	0.1	0.0	0.2	0.0	0.0
Saccharibacteria	0.0	0.0	0.0	0.0	0.0	0.2	0.1	0.0
Deinococcus-Thermus	0.0	0.0	0.0	0.0	0.3	0.2	0.1	1.0

Want to eat some

Lactobacillus?

Eat a yoghurt or some

sauerkraut!



**World Health  
Organization**

According to the study, which was published this month in the journal *Frontiers of Microbiology*, a single apple contains about **100 million bacterial cells** — but if you toss out the core, you're only consuming about 10 million of these precious cells.

What is the  
recommended  
minimum daily  
intake of bacteria  
cells?



Missing bacteria? Here  
are a few good sources:

- bus handles
- bathtub rubber ducks
- shopping carts



## Beall's List - Potential, possible, or probable predatory scholarly open-access publishers

Frontiers' peer review process is flawed. It is stacked in favor of accepting as many papers as possible in order to generate more revenue for the company. Frontiers is included on my list, and I recommend against publishing in its journals, which are rather expensive to publish in anyway.

### Is frontiers in microbiology a predatory Journal?

The **Frontiers journals** use **open peer review**, where the names of reviewers of accepted articles are made public. As of 2017, 24 of their journals had impact factors. ... Some journals, such as Frontiers in Human Neuroscience or **Frontiers in Microbiology** are considered megajournals on their own.

## OPEN ACCESS

**Edited by:**

Jia Liu,  
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# For Better Science

BY LEONID SCHNEIDER, ON RESEARCH INTEGRITY, BIOMEDICAL ETHICS AND ACADEMIC PUBLISHING

## Beall-listed Frontiers empire strikes back



BY LEONID SCHNEIDER

SEPTEMBER 14, 2016

COMMENTS 65



Willy

December 1, 2018

I think that both views have their own right to co-exist. I published articles in Frontiers and agree that their review process is sloppy. I also published articles with Wiley and Elsevier and experienced their review process as biased, unfair, and not constructive.

I reviewed for Frontiers and admit that my criticism of trash manuscripts was dismissed. However, it was possible to withdraw from the reviewing process so not to be stained by junk papers. I reviewed for Elsevier, Wiley, AAAS, NPG and others. Elsevier surely has the highest trash fraction among the manuscripts. However, they are happy to reject such manuscripts. Still, Elsevier is steering towards junk status as well as their reviewing process is flawed by nepotism. Plus, I consider Elsevier predatory as they bully university into a loan-shark style subscription model (<https://www.the-scientist.com/news-opinion/universities-in-germany-and-sweden-lose-access-to-elsevier-journals-64522>).

I agree with CVAK in that Frontiers gives room to unconventional authors and ideas – and I applaud them for this. They also waive fees if one can't afford them as they have done for me.

The bottom line is that publishers are just the executive branch of science. They scientific system with its focus on quantity enables all sorts of spam, regardless of the publishers. Just remember the Mozart effect (<https://www.nature.com/articles/365611a0>) or the memory of water (<https://www.nature.com/articles/333816a0>). Still, this is part of scientific discovery.

**PUBPEER**

The online Journal club

**#1 Elisabeth M Bik**

The main conclusions of this paper, which was funded by the Austrian Sparkling Science Research Program, are the following:

- Apples contain lots of bacteria; about 100 million per apple
- The different tissues within an apple (fruit pulp, seeds, stem) vary dramatically in microbial amounts and composition
- Lots of microbial differences also were found between organically managed and conventionally managed apples. In particular *Lactobacillus* was found in organic apples, and *Escherichia* and *Erwinia* were found in conventional apples.
- Eating organic apples is better for your health than conventional apples

This is a fun exploratory study, but the experimental design is not strong enough to support the third and fourth conclusions mentioned above.



# What I really want to know

Is it possible to predict the treatment (conventional or organic) based on the bacterial community signature?

What OTUs are responsible for the discovered differences?



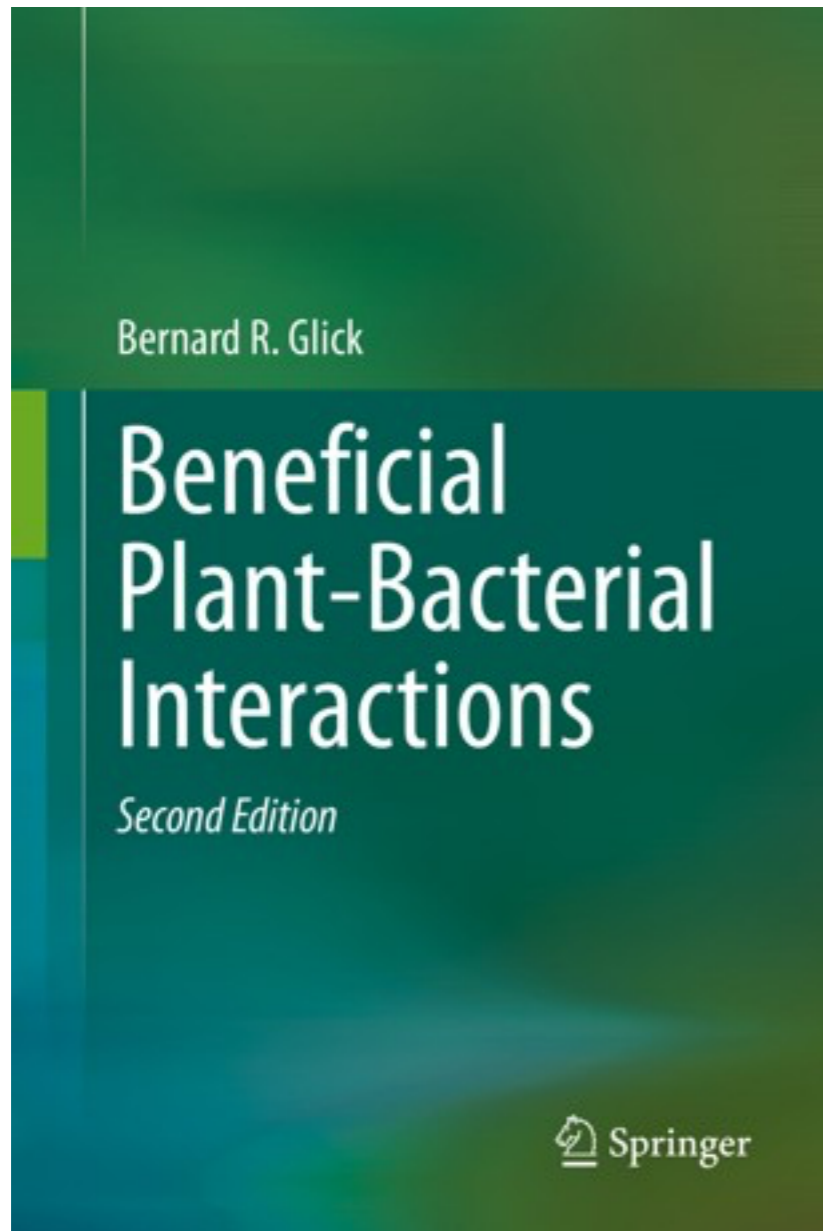


Re-Take on the matter:

<https://www.gdc-docs.ethz.ch/Varia/Wassermann2019/site/>



# What does it really matter?



**Table 2.1**

Abundance of bacteria found in various apple fruit tissues from either organically or conventionally grown apples

Apple tissue	Organic, 16S rRNA gene copies per g apple tissue	Conventional, 16S rRNA gene copies per g apple tissue
Stem	$8 \times 10^7$	$2 \times 10^8$
Stem end	$3 \times 10^6$	$3 \times 10^5$
Peel	$8 \times 10^4$	$1.5 \times 10^4$
Fruit pulp	$3 \times 10^5$	$8 \times 10^4$
Seeds	$1 \times 10^8$	$3 \times 10^7$
Calyx end	$5 \times 10^6$	$4 \times 10^6$